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A Foreword 1

am very excited about the launch and publication of East-Central Africa Division of Seventh-day Adventist Church Pastors' Kids Association Handbook. Allow me to take this opportunity to thank the ECD Ministerial department for such a timely initiative. The Handbook comes at a time when pastors' kids in ECD need to organize themselves by stepping out of the shadows, and fully embracing the mission of the Seventh-day Adventist Church.

For a long time, the Pastors' Kids have lived counting on their parents' ministries. They were considered by some as not being a part of the mainstream ministry. But the ECD Pastors' Kids Handbook gives them very valid reasons of starting Team PK ministry in every mission, field, conference and union in our division. This handbook is an idea that has come at the perfect time. I appeal to all my fellow pastor's kids to act fast; we are all looking for spiritual and emotional support that comes from various programs for PK's and networking. By standing together, we become strong and achieve more.

I know that it is not easy to be a pastor's kid. There are a lot of expectations, scrutiny, criticism and misunderstanding. I believe that the ECD PKs Association and Team ministries in various levels in the church will help the pastors' kids fully "understand and easily identify with each other's challenges, easily find fellowship and support among themselves out of gang through similar experiences."

I endorse the handbook and encourage every pastor's kid in the Division to join this movement and association that has a big potential to revolutionize the way we do ministry in this part of the world. The train is about to leave the station. Are you boarding?

Pastor Dr. Andrew Mutero

Education Director
East Central Africa Division of the Seventh-day Adventist Church

A Foreword 2

It is my privilege to write the foreword to this handbook that offers so much for PKs. For me, this handbook kindles memories of cherished experiences. The privilege of growing up as a PK bequeathed me a faith-building foundation and an invaluable spiritual heritage that I may not have acquired otherwise.

Fellow PKs, we cannot afford to regard lightly the blessings of being a PK. These blessings include growing up in home environments where godly living is emphasized; opportunities to receive Adventist education; an early appreciation of the church's mission; discerning the power of prayer; and involvement in the church's ministry, among others.

In spite of the pressure that comes with the feeling that the church watches their every move, PKs can still cherish their heritage. This handbook helps us to remember that heritage! Among other things, it highlights the structure of the PKs Association—a forum through which PKs can connect and discuss their issues, encourage one another in their spiritual journey, and maximize their gifts and talents in serving the Master that their progenitors served.

I recommend this handbook to you, fellow PKs!

I invite you to pay attention to the lyrics of the song "Find Us Faithful" by Steve Green.

We're pilgrims on the journey Of the narrow road, And those who've gone before us Line the way. Cheering on the faithful, Encouraging the weary, Their lives a stirring testament To God's sustaining grace.

Refrain
O may all who come behind us
Find us faithful,
May the fire of our devotion
Light their way.
May the footprints that we leave,
Lead them to believe,
And the lives we live
Inspire them to obey.
O may all who come behind us
Find us faithful.

Surrounded by so great A cloud of witnesses, Let us run the race Not only for the prize, But as those who've gone before us. Let us leave to those behind us, The heritage of faithfulness Passed on through godly lives.

After all our hopes and dreams Have come and gone,
And our children sift through all We've left behind,
May the clues that they discover,
And the memories they uncover,
Become the light that leads them,
To the road we each must find.

Indeed, may all who come behind us find us faithful! May we remain true to the "faith of our fathers!"

Pastor Dr. Tom Ogal

Associate Secretary
East-Central Africa Division of Seventh-day Adventist Church

Introduction

astors' Kids are unique in background, attitude and outlook. Due to their uniqueness, they tend not to be understood by many. For this reason, many find it difficult to develop close ties with the church and in relating with the work of their parents. Since pastors' kids understand and can easily identify with each other's challenges, they easily find fellowship and support among themselves out of gang through similar experiences. The PKs Association of the Seventh-day Adventist Church was established in order to help them cope with their challenges.

When given a conducive environment, pastors' kids are a group which can play an important role in Ministry. Instead of letting them sit on the sidelines of ministry, the church ought to give them support so that

they may find joy in ministry, in focusing on God, loving and embracing the church in spite of living a life that is constantly under scrutiny of the public eye. The Pastors' Kids Association is a forum where PKs meet, discuss their issues, encourage one another in their spiritual journey, maximize their gifts and talents in serving the Master, and reach out to their fellow Pastors' Kids who have given up on their faith.

This Handbook provides basic information about the Association and serves as a guide to its operations so that the ministry can be effective in its mission.

Pastors Kids Coordinator

East-Central Africa Division of Seventh-day Adventist Church





PASTORS' KIDS ASSOCIATION HANDBOOK

Mission, Vision, Objectives & Method

Mission

The mission of the East-Central Africa Division Pastors' Kids Association is to evangelize, disciple, reclaim and coordinate PKs of all ages for mission and prepare them for Christ soon return.



Vision

To have PKs who are spiritually firm, who love the call to ministry, involved in mission and are ready for Jesus' return.



Objectives

- To identify PKs of all ages including those who have left the church.
- To create a forum for PKs at the Division, Union and Conference\Field levels.
- To encourage networking among the PKs
- To continually rekindle PKs identity as God's children and as children of His Ministers
- To reach out to PKs who have left the church
- To help PKs in their spiritual growth and in developing a personal relationship with Christ.
- To challenge PKs of all ages to use their professions, gifts and talents in advancing the mission of the church.
- To nurture young PKs and help them grow up appreciating the work and call of their parents in the ministry of Christ.



Method

The PKs association intends to accomplish its mission through Team PK Ministry initiatives.

The General Conference of the Seventh-day Adventist church introduced an initiative for Pastor's Kids. Its mission is to address the unique needs of PKs while fostering their Christian growth with spiritual support, resources, training and through networking.

The vision of this ministry is to effect change in the lives of the Pastor's Kids within the Division, Union, Conference/Field, Missions and at chapter levels to help them develop a/an:

- Love for God
- Healthy self-awareness as children of God
- Growing spiritual relationship within the Seventh-day Adventist church.
- Renewed relationship with God even where there has been alienation
- Increased participation in God's mission for the church, in the community and in the world.

Reasons for Starting Team PK Ministry

- Pastors' families are valued by the church and deserve support as they serve
- PKs experience unique challenges and greatly benefit from an understanding nurturing support system.
- There are PKs who are alienated from God and His church. This disengagement can be reversed with fervent faith, prayer and wise, gentle guidance.
- PKs possess many gifts and a heritage of mission. The promised outpouring of God's Spirit can ignite their faith (Joel 2:28).



The term Pastor in this manual, is not only restricted to those who are ordained but also includes all those Pastors who are fully involved in gospel ministry.

Components of Team PK Ministry

- Spiritual support
- Programs for PKs
- Parent resources
- Networking
- PKs mission

Spiritual Support

1. Support PKs spiritually through prayer

- a) Encourage parents to choose a life scripture text to pray over their child every day.
- b) Create a downloadable resource for ministerial families on how to pray for their children.
- c) Provide a resource for ministerial families on how to teach their children to pray.
- d) Provide a social media platform where PKs can pray for one another.
- e) Incorporate prayer for children of ministers during:
 - Designated Sabbaths
 - Celebration for Pastors appreciation
 - A special prayer Sabbath initiative.

2. Spiritual support through affirmation

Each level of the church's Ministerial Association will engage in intentional and ongoing outreach to PKs, employed by their level of ministry by:

- Sending out yearly email birthday cards to non-adult PKs.
- Giving a special gift at the time of baptism to each PK.
- Giving a special thank you message and gift to all adult PK's and those reaching legal age which expresses appreciation for having shared their parents over the years in God's service. (In an environment whereby

a legal age is not clearly stipulated or is circumstantial, an appreciation can be given on a wedding day. This is intended to be a onetime gift per PK)

Programs for PKs

Programs for Pastor's Kids are geared to nurturing them spiritually, mentally, socially and physically. These may include, but are not limited to, Retreats, Congresses, Camps etc. These programs should be prepared to suit appropriate age groups since PKs vary greatly in age. Sufficient resources must be allocated to sustain these programs.

- a) Create (downloadable) PKs meeting program ideas/materials, in collaboration with Prayer Ministries, Children's Ministries, Family Ministries, the Youth Department, Sabbath School Department and the Education Department which will include activities and interactive exercises for use at PK Ministry meetings.
- b) Recommended materials be prepared for at least three age groups:
 - i. 6 12 yrs. olds
 - ii. 13 18 yrs. olds
 - iii. Adult PKs
- b) Create resources on how older PKs can mentor younger or struggling PKs.
- c) Encourage writing and publishing of local articles from children of ministers.

Parent resources

The Family Ministries department in collaboration with the Children's Ministries and the Youth Department will provide resources for ministerial parents on how to:

Set priorities in ministry by investing time

for the spiritual development of their children as Ellen White says: "Nothing can excuse the minister for neglecting the inner circle for larger circle outside. The spiritual welfare of his family comes first" **Gospel Workers**, p.204.

- Create appropriate boundaries for a PK.
- Live an exemplary life, representing the image of God to their children.
- Appropriately managing anger resulting from work in front of children.
- Actively involving their children in ministry. When they do this, they can accomplish much in the Lord.
- Cultivate intergenerational transmission of faith and avoid the experience of the Israelites as recorded in the book of Judges 2:10-13:NKJV. When all that generation had [e]been gathered to their fathers, another generation arose after them who did not know the Lord nor the work which He had done for Israel. Then the children of Israel did evil in the sight of the Lord, and served the Baals; and they forsook the Lord God of their fathers, who had brought them out of the land of Egypt; and they followed other gods from among the gods of the people who were all around them, and they bowed down to them; and they provoked the Lord to anger. They forsook the Lord and served Baal and the Ashtoreths.
- When intergenerational transmission of faith is done, the opposite will happen; the young generation will carry forward the gospel flame, they will please the Lord and will inhabit the Heavenly Canaan. "I will sing of the mercies of the LORD forever; With my mouth will I make known Your faithfulness to all generations. Psalms 89:1NKIV.
- Help children to positively deal with fame which is usually accompanied with very high moral expectation standards
- Make God's work a delight for children and develop close ties with the church.







Networking

People who share similar backgrounds tend to have common interests and face similar challenges. As a result, they may be able to offer good support to one another. It is through networking that PKs of similar ages can share resources, contacts, and information with one another. It is therefore encouraged that PKs build various forms of networks such as a PKs Website, Facebook page etc. across the entire division, union, local conference, or local chapter with the purpose of:

- Sharing their common Christian heritage
- Positively Encourage one another through their various experiences.
- Creating a bond of friendship
- Sharing ideas
- Sharing information for PKs events

In order for networking to be effective, there ought to be a PKs census. This will be done through a PKs inventory form which gives all the information about the PKs age, gender, profession, membership status, talents and spiritual gifts. This form is found in page 21 of this Manual.

Pastors' Kids and the Mission of the church

PK's are not spectators. The Association challenges them to take an active role in mission activities. Just as sons of kings took part in the battle field and sons of priests ministered in the sanctuary, God is honored when PK's who have been exposed to the light shine it forth to the world through their lifestyle and through personal and public evangelism.

PKs and other Ministries

The Ministerial Association in collaboration with other ministries within the church will ensure that Pastors' Kids are nurtured and ministered to. These ministries will make sure that Team PK components are included within their organized structures, parent resources are made available, PKs networking is functional and active, PKs programs are well planned for and implemented, and that the spiritual welfare of Pastors' Kids is given top most priority. The ministries responsible for all these activities are:

- Shepherdess International
- Prayer Ministries
- Family Ministries Department
- Children's Ministries Department
- Youth Department
- Sabbath School Department
- Personal Ministries Department

• Education department (only applicable in the East-Central Africa Division)

These ministry leaders prayerfully led by the Ministerial Secretary, form a special committee at the Division, Union and Conference level in order to create a strategic plan that addresses the spiritual, emotional, social challenges and realities of leaders in the target region (after conducting some simple surveys and wide-based consultations). The committee plans programs and ministries that address the mission, vision, and goals of their strategic plan. Collaboration and unity between all these departments of the church can make this ministry very effective.

Team PK ministry is not by any means intended to replace any other church ministry. In fact it exists to encourage PKs to participate actively in church ministries based on their age and giftedness.



Called to be a Pastor's Kid



A PK is a daughter or a son of a pastor. One clear truth is that, it is not a PK's choice to be born in the pastoral home. PKs are involuntarily born through God's doing. Nevertheless, a PK is not there by accident he/she is the result of a perfect design from the Creator. God always has the best plan if the PK yields to God's will and embraces His leadership. The Bible says: "Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations." Jeremiah 1: 5 NKJV. It is with this Divine purpose they came into existence.

In spite of every PK having a different genetic makeup and being brought up in different environments, still there are many things that PKs share which make them a unique group of people. This uniqueness is the reason why they need each other as they journey together in ministry's blessings and challenges. It is for this reason that the church leadership in its wisdom saw it necessary to establish an association that facilitates a platform whereby Pastor's Kids can encourage one another and remind each other of their unique calling to ministry and rekindle their identity. Being a PK creates an environment that can lead to significant spiritual identity and lifestyle challenges and blessings.







PASTORS' KIDS ASSOCIATION HANDBOOK

Blessings of being a Pastor's Kid

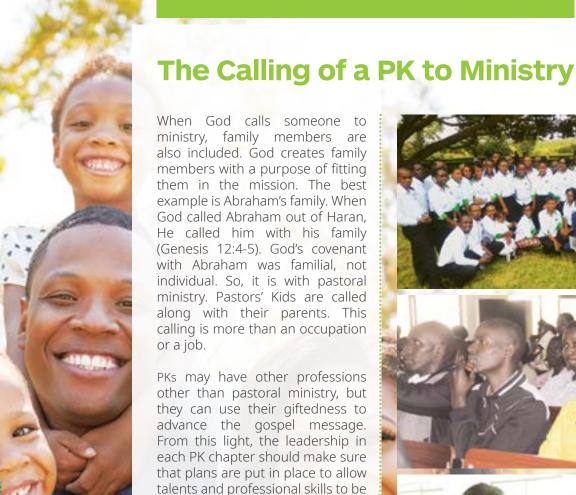
- Pastors' Kids grow up in home environments where their parents are messengers of Christ, leading people to the heavenly kingdom.
- They have an opportunity for developing leadership and administrative abilities as they grow.
- They have an opportunity of personally knowing important church personalities through their parent's connections.
- They are privileged in having an early realization both of pastors and their families as key instruments that God uses to accomplish mission in the church.
- PKs have a profound blessing that provides wonderful grounding for a godly life.
- PKs have early involvement in ministry activities knowingly and unknowingly.
- They are granted greater opportunities to receive an Adventist Education
- PKs experience the joy of being well-known within the congregation. They have increased opportunities to discover their giftedness especially in the areas of music, hospitality, verbal communication skills and leadership skills.
- PKs have the privilege of witnessing how God carries them through difficult situations whenever their families call upon Him in prayer trusting in His promises.

Challenges of being a Pastor's Kid

- Their life revolves around church and when the church shakes, so does life at home. (Lee, 2015)
- Having the feeling that the church watches their every move, and sometimes criticizes them unfairly and expects them to be perfect.
- The challenge of being exposed to insider information which sometimes may be too difficult to handle.
- Due to frequent transfers of their parents, PKs rarely develop lasting friendships with their childhood friends.







maximized to advance the Lord's Kingdom. Pastors' Kids should not

lose sight of their calling no matter their age or circumstances. They are a team in ministry together

with their parents.

Pastors' Kids Personal Relationship with Christ

Being born in a Pastor's home does not necessarily make one a Pastor, a good Christian or even an Adventist. One does not become a Christian or an Adventist biologically. Knowing the biblical truth is not enough. In the midst of much religious practice, and being active in various church programs, a Pastors' Kid needs to meet Jesus personally. It is only when the PK choses to follow the faith of his/her parents and develops a personal relationship with Christ that he/she becomes Jesus follower and may experience the call to serve Him and invite others to follow Christ. In fact, a PKs relationship with God comes first before they choose to serve Him.

"The early apostles were successful in inviting others to come to Christ, because they themselves had already come to Him. Individuals can give to others only what they already possess. In order to share the good news of saving grace in Christ, one must have already experienced it, and daily live in that grace. And after the disciples came, they spent the next three years in an intimate, everyday relationship with Christ. Only then were they prepared to minister successfully." Ministers Handbook p.16







Pastors' Kids Interpersonal Relationships

Relationships in the family, church, school, place of work and community.

It is in the family circle that a PK is introduced to relationships, love and caring for other people's needs. Though we may share the same faith, relationships differ from family to family. The kind of relationships that we explore in our families affects how we relate with others within the community, school, church and places of work. Healthy relationships in the family often lead to God-fearing pastors' kids. Carole Brousson Anderson, in his article in Ministry Magazine May 1996, suggests how relationships should be in the pastoral home. He says "Parents should not relate their children's behavior to pastoral roles, reputation or even availability of God's love. A home open to free communication, discussion, and exploitation of ideas and beliefs, gives children freedom to learn about themselves, make appropriate choices and increases the possibility of pastor's kids to make religious and life decisions similar to that of their parents."

While the Pastor's Kid is exposed to a conducive environment spiritually, it should also be made clear that children are the architects of their own destiny. It is good to know that, there are children who grew up in horrible homes and who wished to have had the chance to grow in a pastoral home, but still chose to follow Jesus regardless of their parents who were not God fearing. For sure there is no guarantee that pastor's children who were well-taught will always chose the right path like Timothy did. Some will choose to be wayward children like the sons of Eli. It is the PKs' Association's goals to reclaim, by God's grace, those who may have chosen the wrong path. All in all, parents should do the best they can, and leave the results to God.

How to start Pastors' kids ministry in the Division, Unions Conference/Fields

Create a strategic plan that addresses the spiritual, emotional, and social challenges and realities of PKs in the target region (after conducting some simple surveys and widebased consultations), then plan programs and ministries that address the mission, vision, and goals of the strategic plan, and then prayerfully begin the ministry.





PASTORS' KIDS ASSOCIATION HANDBOOK

Leadership and Responsibilities at each Level

Membership

Pastors' Kids of all ages are full members of the Association. Being sons and daughters of Pastors qualifies them to members. Membership in the group should be held at the Union and Division level in order to facilitate movement to different Conferences and Unions and also during larger meetings and activities. There should be a process for making sure that all levels within the structure communicate closely on this.

Leadership and Management

The leadership of the Pastors' Kids Association in East -Central Africa Division will be at the Division, Union and Conference/Fields levels. In cases where the number of PKs are concentrated in a single area, such as may exist in a university set-up or in urban areas; local chapters and leadership may be established in coordination with the local conference leadership.

PKs Register

There shall be a register for all PKs in the local conference in which the following information will be recorded:

- A. Full names
- B. Church membership status
- C. Address
- D. Profession
- E. Gifts and talents

All conference records will be submitted to the higher organization (Union and Division) and be regularly updated in case of changes.

Rights and Duties of Members

Each PK shall have the following rights:

- A. Right to vote and be voted for in any leadership position
- B. Right to receive any information regarding the affairs of the association

Each member shall have the following duties:

- A. Conduct oneself in a manner akin to the objectives of the association and the values and principles of the Seventh-day Adventist Church.
- Offer oneself for any service, work or activity as shall be assigned in fulfilling the objective of the association.
- C. Attend all meetings, seminars congresses, camps and any association gathering as shall be planned and communicated.
- D. Develop oneself spiritually, mentally and physically for the common good of the association and ministry.



PASTORS' KIDS ASSOCIATION HANDBOOK

Leadership and Management

The Association shall have leadership at the Division, Union and Conference levels. When necessary, chapter leadership will be formed in order to bring the ministry closer to the members. At local church levels, the local churches shall provide a conducive environment for the advancement of the PK Association. It is the duty of the local church pastor to acquaint the church members with the PKs Association and its mission. The association leadership shall consist of:

- A. The Ministerial Association
- B. The PKs Coordinator
- C. The Secretary
- D. The Treasurer
- E. The chaplain
- F. Editor and Communication officer

The duties performed by the above officers will be the same at all levels except that the lower levels will be required to send annual and quarterly reports to the high levels and the higher levels.

Ministerial Association

The Conference/ Union/Division Ministerial Secretary is the overall authority responsible for the Pastors' Kids Association. His role is to:

- A. Ensure that PKs Leadership for chapters, conference/ union are in place.
- B. Make sure the Team PK initiative is taken seriously by the entities responsible.
- C. Ensure that PK programs and initiatives from higher organizations are implemented.
- D. Be the advisor of the PKs newsletter
- E. Provide the overall spiritual and ministry guidance for the association
- F. Prepare parenting resources for pastors and their wives

PKs Coordinator

- A. Preferably a PK who is working in the office of the Union or Conference /Field (due to cost implications)
- B. To chair all of the meetings
- C. To team up with the Ministerial Secretary in directing all the activities of the Association
- D. Be a spokesperson of the Association in consultation with the Ministerial Secretary
- E. To be a link between the Association and the church leadership both at the Conference and at the Union.

The Secretary

- A. Arrange, prepare, call and convene all meetings of the Executive Committee as well as the Association
- B. Be the custodian of the committee and general meeting minutes and all other working instruments of the Association
- C. Be the custodian of the membership records of the Association
- D. Be a key person in maintaining communication with PKs

The Treasurer

- A. Shall manage all funds of the Association and financial records.
- B. Shall be accountable for all financial transaction of the Association.
- C. Prepare annual budget and oversee its implementation.
- D. Prepare quarterly and annual financial reports.
- E. Make disbursements of expenses as authorized by the Executive Committee.
- F. Perform other duties as required by the Executive Committee.

Chaplain

- A. Shall be a Pastor who is a PK.
- B. Shall promote a high level of spirituality among the Pastors' Kids.
- C. Plan and supervise all spiritual activities within the Association.
- D. To spearhead prayer retreats and seminars that promotes spiritual wellbeing of members.
- E. To coordinate the homecoming program (reaching out to the PKs who have left the church).
- F. Perform other duties as required by the Executive Committee.

Editor and Communication Officer

- To prepare and post the newsletter.
- To keep the PK Association members updated on the happenings within the association such as weddings, births, deaths and other social & recreation or ministry events.
- Keep the website and other means of social networking updated.
- To ensure that all Pastors' Kids' activities are publicized.
- To present the correct image of the chapter to the church and to the public in general.

Newsletter may include materials such as:

- A. PKs profiles
- B. Reports on Evangelistic activities
- C. Testimonies of PKs who have come back to church through the home coming ministry or any other means and other works of God through the association.
- D. PKs events like weddings, deaths etc.

The newsletter shall be published twice a year. There shall be an editorial board which will hold on office for five years. The board will be comprised of five members who will include the Union/Conference Communications Director and PKs Editor and Communication Officer as well as three others.

News and communication should be channeled to the Union and Division entities. For this reason, perhaps both a Division and Union newsletter\ website will be sufficient in order to minimize costs. The Conference Editor and Communication's role will therefore be to collect and send news to their Union counterparts.

Executive Committee Members

The executive Committee will comprise of nine members. This will include the five officers together with four members from the Pastors' Kids Association. In a situation where there is a large number of Pastors' Kids, additional committee members may be included based on the need for increased representation. These members are elected by the PKs during their general meeting.

- A. PKs who will participate in the election process should be aged 16 and above.
- B. The Executive Committee members shall meet at least once every quarter.
- C. The minimum number of committee members who must be present in order for a committee to take a decision (quorum) shall be a simple majority of 51%.

Special Committee at the Division, Union and Conference/Field Levels

This committee is composed of:

- Shepherdess International
- Children Ministries
- Prayer Ministries
- Youth Department
- Family Ministries
- Sabbath School Department
- Education Department

Their role is to prayerfully evaluate the well-being of the Pastors' Kids Association and to discuss how to prepare more effective resources and programs. They are expected to meet once a year preferably at the end of the year.



Elections

Elections shall be conducted after every five years, and held during the general meeting. The procedure of elections should follow the church procedure of electing church officers.

Financial Matters

The source of funds for the Association shall include the following:

- A. Annual contributions
- B. Voluntary contributions
- C. Other donations

The Association shall open a bank account to which all monies of the Association shall be deposited.

The signatories of the accounts shall be any two of the following:

- A. The Coordinator
- B. The secretary
- C. The Treasurer

A Very Important Note

- Leaders are expected to be in the office for five years.
- Election of officers shall take place during the last meeting of the quinquennium
- Nominating procedure will follow the Seventh-day Adventist order of nominating its workers.
- All leadership posts function under volunteer terms.
- Leaders should be Seventh-day Adventist members with regular standing.
- All activities are conducted in consultation with the Ministerial Secretary of the entity.







It is the prayer of the ECD Ministerial Association that this manual will add value to the wonderful work that is being done by PKs all over this Division.

APPENDIX I

EAST-CENTRAL AFRICA DIVISION

Conference/Union_	

PKs INVENTORY FORM

Name			Gender Age Group									_		
First Name	Surname	М	F	0-6	7-10	11-14	15-20	21-40	41-65	65+	Profession	Talent	In Church	Not in Church

Total

Total Number of PKS in the Conference/Union _____

APPENDIX II

PK's ANTHEM 1

English

A HOLY NATION













APPENDIX III

PK's ANTHEM 1

Swahili

UZAO MTAKATIFU

Lyricist: Pastor Magulilo Mwakalonge

Composer: Gwakisa Lameck









APPENDIX IV

PK'S ANTHEM 2

Score

TIME HAS COME



Time Has Come Cont.







APPENDIX V

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