

Prayers & Promises
for
Comfort in Sorrow

I PRAISE YOU Lord, that You promise to wipe away all tears from our eyes. I praise You that the day is coming when You will heal my broken heart, make all the wrongs right, and when You will take away all pain, sorrow, or crying.

I PRAISE YOU Lord, that You will strengthen me according to Your Word. I need strength today, Lord. My heart is heavy. It is broken, but I praise You for being near the broken in heart!

I PRAISE YOU Lord, for the sweet calming presence of the Holy Spirit even in my time of grief and pain. I praise You for the song You give me even in the night, even through the tears.

I PRAISE YOU Lord, that You are near. I praise You for Your arms of love that are around me, holding me, and carrying me. I praise You for the promise that You will never leave me or forsake me. I cling to You! Please heal my heart!

I PRAISE YOU Lord, that You are a good God! Life isn't always good, but throughout Your Word, You remind me that YOU are good. (Ps. 34:8, Ps. 100:5, Ps. 145:9) Give me strength to trust You and hold on even when I don't understand Your ways.

I PRAISE YOU Lord, that You see the big picture. And one day You promise to turn my mourning into dancing (Ps. 30:11). Teach me how to cry on Your shoulder and rest in Your arms, knowing that someday all the sorrow and suffering will be taken away!

I PRAISE YOU Lord, that You promise to heal my wounds. In fact, You know what it feels like to hurt like I do! You've already endured this pain, in much greater degree. Thank You for taking Satan's blow that I could receive healing!

I PRAISE YOU Lord, that You promise to walk with me when I walk through the floods. Sometimes I'm completely overwhelmed in sorrow and grief, but I'm grasping tightly to You! Thank You that You promise to never leave me or forsake me...

I PRAISE YOU Lord, that You are my perfect Peace! Teach me how to keep my mind stayed upon You. Teach me how to turn away from the temptations to grow bitter, and instead help me give my grief and tears to You.