

Prayers & Promises  
for  
**Physical & Spiritual  
Healing!**

**I PRAISE YOU Lord**, that when we call to You in our distress You answer. In fact You tell us that before we even call You have already heard our prayer! So our physical and spiritual struggles have not caught You by surprise!

**I PRAISE YOU Lord**, that You are our great Physician and Healer. There is no disease, no sickness, no doctor's diagnoses, no spiritual problem that is too difficult for You to heal! You can even raise the dead and bring them back to life!

**I PRAISE YOU Lord**, that You have told us that the prayer of faith will save the sick. We know that it is Your will to heal spiritually (immediately) and physically (at the time that will most glorify Your name). We look to You in faith for this promised healing!

**I PRAISE YOU Lord**, that You are the restorer of life. While the enemy comes to destroy, You come with healing in Your wings! I praise You for healing me of my wounds.

**I PRAISE YOU Lord**, that although I walk in the midst of trouble (disease, sickness, sin), You can revive me! I pray that in the name of Jesus, You would forgive me of my sins and bind the evil spirit of (name disease) that is seeking to destroy my life or body. Save me Lord!

**I PRAISE YOU Lord**, that You want to deliver us from the diseases of the world. You want our physical and spiritual health to reflect Your glory. Show me Lord, how I've failed to honor You in my health and living habits. Teach me how to honor You in everything I do.

**I PRAISE YOU Lord**, that You are my Rock. You are my deliverer. My hope and trust is in You. No matter what the future holds, I ask that You would give me strength to NOT bow down to fear or despair, but to trust that You are working all things together for my good.

**I PRAISE YOU Lord**, that it is by Your stripes that we are healed. You have paid the price for our sins and the disease of sin and sickness so that we could have an eternity with You in glory! Thank You Father for Your ultimate sacrifice that we could have this great gift!

**I PRAISE YOU Lord**, that No matter the valley that you ask me to walk through, Your grace is sufficient. I have full confidence that You can heal, but whatever road You ask me to walk, help me be a witness (even in the pain and trials) for Your glory!