

Prayers & Promises  
for my  
**Marriage**

**I PRAISE YOU Lord**, that You designed marriage as a gift in the Garden of Eden, and You desire our lives to be stronger together than they were apart. Please show us how to have a marriage that will be for Your honor and glory! Help me to point my spouse toward heaven!

**I PRAISE YOU Lord**, for the gift of LOVE! Help me not to forget the early attentions and ways I loved my spouse when we first came together. Help me not to grieve the Holy Spirit by the ways I treat my spouse today, but rather to make heaven sing in joy!

**I PRAISE YOU Lord**, that You have given us the ultimate example of unselfish unconditional love! I don't have this kind of love naturally, Lord. But I know You can give this love to me! Show me how to love my spouse like You do!

**I PRAISE YOU Lord**, that You want to dwell in my home! Show me how to make our home a little "heaven on earth" where the angels love to visit. Show me how to speak in love, respond in love, and serve unselfishly in love.

**I PRAISE YOU Lord**, that You are so longsuffering and patient with us. Forgive me for the time I've been offended, for the times I've wasted defending my pride and wounded self. Show me what it means to lay down my life in love, as You've done for me!

**I PRAISE YOU Lord**, for my spouse! Help me to honor them, respect them, love them, nurture them, and encourage them heavenward in their life and ministry. Help me be their biggest cheer-leader and fan! Help them to daily see a picture of Jesus in ME! Teach me to love like You, Lord!

**I PRAISE YOU Lord**, that You have given us an example of perfect love! Perfect love crucifies self rather than crucifying others! I have so far to go, Lord! Please change me, grow me, help me be the spouse You've called me to be!

**I PRAISE YOU Lord**, that You gave us an example of what it means to serve. Rather than looking to be served, help me strive to be the first to SERVE my spouse! Please make our home a taste of heaven on earth – and show me how to love and respect my spouse so deeply, that they won't ever go looking for love in the arms of another.

**I PRAISE YOU Lord**, that You are my rock and foundation. Help me to always be a stepping stone (rather than a stumbling block) to encourage my spouse into a deeper love relationship with you. United as a couple may we be a power for Your glory in the church!

## Marriage – 1B

“Except the Lord build the house,  
they labor in vain that build it.” Ps. 127:1

“Two *are* better than one; because they  
have a good reward for their labour. For if they  
fall, the one will lift up his fellow: but woe to him  
*that is* alone when he falleth; for *he hath* not  
another to help him up.” Ecl. 4:9

“And the LORD God said, *It is* not good  
that the man should be alone; I will make him  
an help meet for him. Therefore shall a man leave  
his father and his mother, and shall cleave unto  
his wife: and they shall be one flesh.”  
Gen. 2:18,24

“I die daily!” 1 Cor. 15:31

“Love suffereth long, *and* is kind; love envieth  
not; love vaunteth not itself, is not puffed up, Doth  
not behave itself unseemly, seeketh not her own, is not  
easily provoked, thinketh no evil; Rejoiceth not in  
iniquity, but rejoiceth in the truth; Beareth all things,  
believeth all things, hopeth all things, endureth all  
things. Love never faileth.” 1 Cor. 13:4-8

“And grieve not the holy Spirit of God,  
whereby ye are sealed unto the day of  
redemption. Let all bitterness, and wrath, and  
anger, and clamour, and evil speaking, be put  
away from you, with all malice: And be ye kind  
one to another, tenderhearted, forgiving one  
another, even as God for Christ's sake hath  
forgiven you.” Eph. 4:30-32

“If pride and selfishness were laid aside,  
five minutes would remove most difficulties.  
Angels have been grieved and God displeased by the  
hours which have been spent in justifying self.”

*Early Writings*, p. 119

“Wives, submit yourselves unto your  
own husbands, as unto the Lord. Husbands,  
love your wives, even as Christ also loved the church,  
and gave himself for it.” Eph. 5:22,25

“A soft answer turneth away wrath, but  
grievous words stir up anger.” Prov. 15:1

“Make your home a little heaven on earth.  
You can do this, if you so choose. You can make  
home so pleasant and cheerful that it will be  
the most attractive place on earth...”  
*Sermons and Talks*, Vol. 2, p. 200

“Crucify self, in the place of seeking to  
crucify your [spouse]. 'If any man will come  
after Me,' Christ said, 'let him deny himself, and  
take up his cross, and follow Me.'  
(Matt. 16:24).” Letter 11, 1905.

“Great peace have they which love thy law  
and nothing shall offend them.” Ps. 119:165

“Who can find a virtuous woman? For her  
price *is* far above rubies. The heart of her husband  
doth safely trust in her, so that he shall have no  
need of spoil. She will do him good and not evil all  
the days of her life. Her husband is known in the  
gates, when he sitteth among the elders of the  
land.” Prov. 31:10-12,23

“Through wisdom is an house builded;  
and by understanding it is established: And by  
knowledge shall the chambers be filled with all  
precious and pleasant riches.” Prov. 24:3,4

“The wife, united with her husband in the fear of  
God, is to be a strength and power in the church.”  
10 Manuscript Releases, 179

“And whosoever will be chief among  
you, let him be your servant.” Matt. 20:27

“The sweetest type of heaven is a home  
where the Spirit of the Lord presides. If the will  
of God is fulfilled, the husband and wife will  
respect each other and cultivate love and  
confidence.” *Adventist Home*, p. 15

**Marriage – 2A**

**I PRAISE YOU Lord**, that You can teach me how to truly uphold the arms of my spouse through prayer. May my prayers be a language of love and source of encouragement for this partner that You've brought into my life!

**I PRAISE YOU Lord**, that You promise when we honor You, we will be fruitful! May my spouse be that fruitful tree planted by the rivers of water. May our marriage prosper and be fruitful, and a testimony of the God of miracles that we serve, for You are good!

**I PRAISE YOU Lord**, that You have given me two ears and one mouth, which means I should listen twice as much as I talk. Help me not to needlessly complain, criticize, nag, or tear down my spouse with my words. Help me to use my words to edify and encourage my spouse.

**I PRAISE YOU Lord**, that You designed husband and wife to be each other's biggest cheerleader. **Wife:** Help me to honor and respect my husband as the house-band of our home. **Husband:** Help me to love and cherish my wife for all that she is in You!

**I PRAISE YOU Lord**, that You will give my spouse courage and strength to stand strong for truth, no matter the crisis or storm we face in the future. Help us not to be ashamed of Your name!

**I PRAISE YOU Lord**, that You can make my husband/wife strong where they are weak. You can deliver them from what Satan seeks to bind them with. You can make them strong victors for You when they kneel in humility and surrender before Your throne.

**I PRAISE YOU Lord**, that You alone can quench our thirst. May we never settle spiritually, but constantly thirst for a deeper and deeper walk with You. May we also seek to grow deeper as a couple, with more understanding, more love, more patience, and more joy!

**I PRAISE YOU Lord**, that You can shield my spouse from the lies of the enemy. Give them mental strength to run from temptation, and to seek Your arm of strength. In sorrow or trial, may You be their fortress and deliverer.

**I PRAISE YOU Lord**, that if we dedicate our hearts and love to You, You will get the glory for every part of our life and success, from the kitchen, to the bed, to the pulpit, or work bench – wherever you call us in ministry – may You be continually honored and praised!

**I PRAISE YOU Lord**, that although we will do everything we can to make each other happy, You alone are our source of love and fulfillment. Help us to keep our eyes on You and keep being filled by You so that we can sacrificially give to each other.

## Marriage – 2 B

“Blessed is the [spouse] that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. But [their] delight is in the law of the LORD; and in [God’s] law do [they] meditate day and night. And [they] shall be like a tree planted by the rivers of water, that bringeth forth [their] fruit in [their] season; [their] leaf also shall not wither; and whatsoever [they] do shall prosper.” Ps. 1:1-3

“He longs to have you expect great things from Him.” *Christ Object Lessons*, p. 146

“Ask and ye shall receive, seek and ye shall find...”  
Matt. 7:7

“Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord.” Luke 1:45

“Let bride and bridegroom, in the presence of the heavenly universe, pledge themselves to love each other as God has ordained they should... The wife is to respect and reverence her husband, and the husband is to love and cherish his wife....  
**HUSBAND’S PRAYER:** Help me that I may be kind, pitiful, tenderhearted, forgiving. Help me to be a real house-band in my home and to represent the character of Christ to others.”  
*Adventist Home*, p. 103, 214

“A word fitly spoken is like apples of gold in pictures of silver.” Prov. 25:11

“Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil. Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.” Eph. 4:26-27, 29

“I will go before thee, and make the crooked places straight: I will break in pieces the gates of brass, and cut in sunder the bars of iron: And I will give thee the treasures of darkness, and hidden riches of secret places, that thou mayest know that I, the LORD, which call thee by thy name, am the God of Israel.” Isa. 45:2,3

“Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.”  
Matt. 16:24

“Whosoever therefore shall confess me before men, him will I confess also before my Father which is in heaven.” Matt. 10:32

“The name of the LORD is a strong tower: the righteous runneth into it, and is safe.”  
Prov. 18:10

“Open thy mouth wide, and I will fill it.”  
Ps. 81:10

“But thanks be to God, which giveth us the victory through our Lord Jesus Christ.” 1 Cor. 15:57

“But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.” John 4:14

“Beloved, if God so loved us, we ought also to love one another. No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us. Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit. We love him, because he first loved us.” 1 John 4:11-13,19

“Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.”  
1 Cor. 10:31

“For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.” Eph. 2:10