

Some Suggestions for Beginning the Experience Of

ABIDING IN JESUS' LOVE

1. Dedicate the first hour to making yourself emotionally available to Jesus. Determine to open the door of your heart every day until Jesus comes.
2. Use *The Gospel of John*, *Desire of Ages*, the *Psalms*, any of Ellen Whites' devotional books or Andrew Murray's book, *Abide in Christ*, etc.
3. Have no agenda (such as reading through the Bible, studying for a presentation, completing a book, etc.) only seek to experience His love.
4. Pray "my mind knows You love me, now I want to know it with my heart, possess me, embrace me, overwhelm me with Your love, live in me, thank You for loving me."
5. Pray, read, listen, write, pray, read, listen, write.
6. At the slightest emotional experience of His love, thank Him and praise Him, thus you express faith, and your awareness of Him will increase joyfully.

SEVEN DAILY ESSENTIALS FOR ABIDING IN CHRIST

1. Take time (first thing in the morning) to be with God alone.
2. Listen through the Word and through two-way prayer.
3. Understand your need - humble yourself until you see that without Jesus you will do nothing but harm.
4. Ask for:
 - a. His life to replace yours.
 - b. His specific traits to manifest in you (name the traits the Spirit convicts you about).
 - c. His will to replace yours (this is surrender of the will).
 - d. His life through the Spirit to remain in you all day - replacing your thoughts and feelings with His.
 - e. His love to be witnessed through you - spontaneously drawing others to Himself.
5. Believe He is doing all that you ask, express your faith (so it will grow strong) by giving thanks for what you cannot see.
6. Live in Jesus love by talking with Him all day long about everything, remember to continually praise Him for every blessing, large and small, and thank Him for His love.
7. Live victoriously by enjoying His love and specifically allowing Him to replace the will of the flesh with the will of the Spirit when you are aware of a conflict.

John 4:14 "But whosoever drinks of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life."

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