

Praying the Three Angels' Messages

Leader's Guide

Welcome—Let's Pray Together

We invite you to join God's people around the world in celebrating the quarterly Day of Prayer. No matter how great your challenges may be, our God is greater!

In a year filled with loss and grief, He offers hope beyond our imagination:

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need" (Heb. 4:16).

In a world of constant uncertainty, He promises answers:

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know" (Jer. 33:3).

And to believers who regret the past or fear the future, He issues an open invitation:

"Come to Me, all you who labor and are heavy laden, and I will give you rest" (Matt. 11:28).

Not one prayer escapes the notice of our loving heavenly Father, who waits eagerly to pour out blessings when His people ask. Please join us by gathering your church members, friends, and neighbors to seek God's wisdom and claim His endless promises!

Our 2022 Theme: Praying the Three Angels' Messages

This year our quarterly Day of Prayer guides will focus on praying through the timely three angels' messages of Revelation 14:6-12. Praying through Scripture gives substance to our prayers and allows God to speak directly through His Word.

You probably already know that the three angels' messages make up a vital part of Seventh-day Adventist identity. You may have memorized these verses. And yet a surprising number of Adventists cannot explain why these messages matter. Where do the three angels fit in the big picture of salvation? What do they say about God's love? How do they affect my life, and how can I share them with the world?

While the Day of Prayer guides are not intended as a theological study, we hope they lead you to pray with purpose and seek a deeper understanding of God's precious final messages to the world.

Invite Everyone—Young and Old

You may notice a change from previous years: these activities are designed especially for intergenerational groups. We want to inspire everyone to pray together: children and parents, teens and retirees, singles and couples, lifelong Christians and curious seekers. Please adapt the materials to suit your own group.

Many of the prayer activities will be more meaningful with children and youth present. Be sure to invite them to share their joy and talents during your Day of Prayer.

Suggestions for Day of Prayer Leaders

- The first Sabbath of each quarter is designated as the Day of Prayer. These materials could also be adapted for other prayer events or even youth groups.
- This year's Day of Prayer activities are designed for multiple generations praying together. Be intentional about inviting people of all ages. Ask children, youth, grandparents, single adults, and others to help lead activities.
- If you wish, begin prayer sessions with group singing or other music that is meaningful to your congregation and culture. Since this year's Day of Prayer is intended for multiple generations, consider including favorite songs for all ages. Ask young people or families to help choose and lead the music.
- Encourage participants to pray brief prayers so everyone can join in.
- This Day of Prayer guide includes suggested activities for five sessions:
 - Session 1:** Friday morning worship at church school or a youth meeting or other event.
 - Session 2:** Friday night family worship. (Families come in all shapes and sizes. If you are a family of one, consider inviting friends or neighbors to your home, or gather outdoors.)
 - Session 3:** Sabbath morning personal devotions. (Guard this time alone with Jesus. If you have young children, enjoy doing these activities together.)
 - Session 4:** Sabbath morning worship service at church.
 - Session 5:** Sabbath afternoon prayer service at church or another location.
- **Optional:** You may wish to hold an extended prayer session for adults and teens after Session 5 on Sabbath afternoon. See the United Prayer Guide for suggestions.

Basic Planning Checklist

- Talk to your pastor and church board well in advance and put the quarterly Day of Prayer on the church calendar for the first Sabbath of each quarter.
- Beginning several weeks in advance, announce Day of Prayer activities in church and in the bulletin. Let people know that this year's activities are designed especially for multiple ages.
- Encourage church members to invite community friends to join in Day of Prayer activities. God's timely messages of love are meant for all!
- Print the Church Handout and distribute several weeks in advance. The handout can also be distributed during the Day of Prayer to anyone who has not received it yet.
- Print activity sheets for Session 1, Session 4, and Session 5. Delegate a leader for each session.
- Print activity sheets for Session 2 and Session 3 and distribute copies to Day of Prayer participants one or two weeks in advance. Use the church bulletin or announcement time to briefly describe the Friday evening worship (Session 2) and Sabbath morning personal devotions (Session 3). Encourage members of all ages to join in. Send electronic reminders if possible.
- Print the United Prayer Guide and delegate a leader if you plan to hold a longer united prayer session after the group activities on Sabbath afternoon.
- Session leaders should read through activity sheets, gather any needed materials, find extra volunteers or music leaders if needed, and pray for the Holy Spirit to lead.
- Print other Day of Prayer materials as needed:
 - Welcome and Planning Suggestions (for leaders)
 - Prayer Promises (optional handout for participants)

More Resources

- Revival and Reformation website. Check under the Prayer tab for excellent prayer ministry ideas. Find all Day of Prayer resources for 2022 and previous years: <https://www.revivalandreformation.org/resources/all/prayer-and-fasting-days>.
- *Praying for Rain*. This downloadable booklet is filled with inspiring quotes and guidelines for leading united prayer: <https://www.revivalandreformation.org/resources/all/praying-for-rain>.
- *Experiencing God Through Prayer and Praise*. This downloadable packet includes fantastic resources for both personal and group prayer. Print individual topics or the entire packet. <https://www.revivalandreformation.org/prayer/experiencinggod>.
- ThreeAngels.info. If you want to learn more about God's end-time messages of love, the Seventh-day Adventist Church has created this new site filled with articles, videos, books and more: <https://www.threeangels.info>.

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Day of Prayer materials are prepared for church group and individual use by the Ministerial Association of the General Conference of Seventh-day Adventists in coordination with the Revival and Reformation Committee.

Principal Contributor: Pastor Don MacLafferty. Learn more about his disciple-making ministry and find downloadable books and ministry materials here: <https://indiscipleship.org>.

Join Us for Day of Prayer in 2022!

You're invited to join believers worldwide for a special Day of Prayer on the first Sabbath of each quarter.

- This year we're praying through the timely three angels' messages of Revelation 14.
- If your church is already celebrating the quarterly Day of Prayer, plan to attend and invite your friends. Otherwise, talk to your pastor or church board about participating in Day of Prayer this year. You can also participate as a family, in a small group, or on your own.
- Find Day of Prayer materials and other resources on the Revival and Reformation website under the Prayer pull-down tab: <https://www.revivalandreformation.org>.
- These prayer activities are designed especially for multigenerational groups. We want to inspire everyone to pray together: children and parents, teens and retirees, singles and couples, lifelong Christians and curious seekers. If you've never attended prayer events before, this is your chance!

No matter how great your challenges may be, our God is greater. In a year filled with loss and grief, He offers hope beyond imagination: "Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need" (Heb. 4:16). Let's pray together this year!

Why Pray Through the Three Angels' Messages?

You may have memorized the three angels' messages of Revelation 14:6-12. These are God's last messages of love to the world, and yet a surprising number of Christians cannot explain why these verses matter.

- Where do the three angels' messages fit in the big picture of salvation?
- What do they say about God's love?
- How do they affect my life and how can I share them with the world?

Praying through Scripture gives substance to our prayers and allows God to speak directly through His Word. We hope the 2022 quarterly Days of Prayer will lead you to pray with purpose and inspire you to study His precious prophetic messages more deeply.

So What Do the Messages Actually Say?

First, read Revelation 14:6-12 from a solid Bible translation. You may be confused at first because layers of meaning hide beneath the surface. How do you break the code? Start by prayerfully studying the entire Bible because it contains everything you need to understand the book of Revelation. Ask your pastor to offer a Revelation seminar or recommend good study materials that allow the Bible to interpret itself. Here's an extremely simplified summary to get you started:

Angel 1: Worship Jesus as our Savior and Creator in this time of judgment.

Angel 2: Follow Jesus through His written Word and do not be deceived.

Angel 3: You have a choice: follow Christ or Satan. Have faith in Christ as your Righteousness!

Praying the First Angel's Message: Session 1

Time: Friday morning worship at church school or a youth meeting or other event

Theme: Praying the "eternal gospel" of Jesus Christ as a free gift sent from God

Optional: Begin or end by singing a song about God's salvation

Connect

- Form teams of three.
- Think of something that is exciting news. Without using any words, work together with your team to act out this news. See if other teams can guess your "good news."
- Leader: explain that Jesus has some great news for us in the first angel's message of Revelation 14:6, 7.

Discover

- Read Revelation 14:6 together.
- Ask: What is the great news that God wants to share with everyone in the whole world?
- It is the "eternal gospel." This gospel, or "good news," of Jesus is found in John 3:16. Read the verse together (or ask a child to recite it).
- Believe in Jesus with your heart and know you have eternal life with Him!
- That's the first thing to know about the first angel's message: it's good news!

Pray

- Leader: remind listeners that God sent Jesus to earth because He loves YOU!
- Ask each person to draw a picture of what eternity with Jesus means to you (in four minutes).
- Form small groups again. Share your pictures briefly with your group.
- In small groups, pray prayers of thanks that God sent Jesus for YOU and promises eternal life for YOU.
- With your small group, choose one or more Bible passages that express thanks to God for the gift of salvation. Choose from these passages or find your own favorites: Exodus 15:2; Psalm 103:1-5; Psalm 118:19-24; Hebrews 12:28; 2 Corinthians 9:15; Romans 7:25.
- Pray through the passages with your group. Keep your prayers short. A prayer of one sentence is excellent, whether you are praying with young or old.
Examples from Exodus 15:2:
Thank You, God, that You are my Strength.
Father, Thank You for being my Song and my Salvation.
- If appropriate for your age group, make time for a longer prayer session.
See the United Prayer Guide included with these Day of Prayer materials.

Live

- Use any available art supplies to create a picture showing how the eternal gospel of Jesus makes a difference right now in your daily life. Share the picture with someone or make a display on a classroom wall.

Praying the First Angel's Message: Session 2

Time: Friday night family worship or worship with friends in a home or outdoors

Theme: Praying for the gospel of Jesus to be preached to every nation, tribe, tongue, and people

Optional: Begin or end by singing songs about witnessing or sharing God's love

Connect

- All participants: imagine you could give one object to everyone in the world. Choose something that you own that you wish everyone could have. Take three minutes to find and bring back the one object that you most wish everyone on the planet could have for themselves. (Or sketch a quick picture if objects are not available.)
- When everyone comes back, invite each person to show their chosen object and tell why they chose it. How would it change people's lives?
- Leader: explain that Jesus has a gift He wants everyone to have. It's the free gift of salvation and eternal life. If young children are present, explain briefly what salvation is and why we need it.

Discover

- Read Revelation 14:6 together. Talk about how God's good news is not just for us but for every human on the planet. How many people live on earth? How many countries are in the world? How many languages? Share examples of nations, tribes, tongues, and people who are included in God's amazing love.

Pray

- Thank God that He made the gift of salvation free for everyone on earth.
- Ask God to help you and your family and your church know how to share the eternal gospel with the people around you.
- Find one or more Bible passages about sharing God's love with others. Choose from these options or find your own favorites: Jer. 1:7, 8; Matt. 4:19; Matt. 5:16; Matt. 28:19, 20; Acts 1:8; Rom. 1:16; 2 Tim. 1:7-12; 2 Tim. 4:2.
- Pray through the passages together.
Example: *Thank You, God, that You promise in Acts 1 to send the Holy Spirit to help us share Your love. We can't do it by ourselves. Thank You that You go with us to the ends of the earth!*
- If appropriate for your age group, make time for a longer prayer session.
See the United Prayer Guide included with these Day of Prayer materials.

Live

- Pray and ask God for wisdom. Then make a list of people you know who might not have the gift of salvation. Pray for God to prepare each person for what you will share. Ask God to show you something you can do or say this week to help each person know God better. Then make a plan and go share!

Praying the First Angel's Message: Session 3

Time: Sabbath morning personal/family devotions

Theme: Praying the message "fear God and give Him glory"

Optional: Begin or end by singing a song about worship or giving God glory

Connect

- Ask: What on earth is so amazing that you respond to it with awe and wonder?
- "To fear" God means to live in awe of Him and respond by giving Him glory.
- Pray for the Holy Spirit to prepare our hearts to understand God's Word.

Discover

- Read Revelation 14:7.

Pray

- Tell God what makes you in awe of Him. Be specific.
Examples:
The sound of thunder during summer storms.
The first time a baby laughs.
The way my leg healed so fast after it was broken.
- Optional: pray through a psalm of worship. Make the words your own. Good possibilities: Psalm 8; Psalm 100; Psalm 103; Psalm 136; Psalm 148.

Live

- The first angel says, "Give Him [God] glory." Kneel down and worship Jesus as your Creator.
- God gave us a special time to worship Jesus as Creator: from sunset on Friday to sunset on Saturday. Decide on one or two ways that you can honor Him as Creator this Sabbath. Thank Him for creating this weekly gift of time!

Praying the First Angel's Message: Session 4

Time: Sabbath morning worship service

Theme: Praying the message "the hour of His judgment has come"

Planning suggestions:

Coordinate the church service with your pastor or elders. Include essential items from your usual order of service, such as welcome, opening prayer, and offering. Consider omitting special music to encourage more participation through congregational singing (choose songs about worship and God's glory that children and youth can understand and enjoy). You may want to streamline other parts of your service to keep the focus on prayer. Note that a Scripture reading, several songs, and a children's activity are included as part of this suggested service.

Before the Day of Prayer, prepare a handout listing the verses for the prayer time (see "Pray" section below) or plan to write them on a board or project them on a screen. Pray about how you can make the program special and include all ages in worship. Also remember to invite everyone to the afternoon prayer program, and encourage them to bring friends.

Connect

- Invite everyone to divide into groups of two or three. Choose some helpers ahead of time to pair up with people sitting alone and make sure everyone has a group.
- Ask the groups to discuss: Would you rather be a judge who decides whether someone is guilty or innocent, or be the one who stands before the judge waiting to be declared guilty or innocent? Why?
- Ask the groups to pray for the Holy Spirit to prepare each heart for the written Word.
- Quietly begin to sing a song about the gift of the Holy Spirit. Motion for all to join in.

Discover

- Invite three children to come up in front of the congregation, each with one parent or helper.
- Give each child/parent team a card with the name of a Bible story, such as—
 - Jesus walking in the fire with the three Hebrews (Daniel 3:19-28)
 - Jesus calming the storm (Mark 4:35-41)
 - Jesus raising Lazarus from the dead (John 11:38-45)
- Ask each child/parent team to tell the Bible story listed on their card in 30 seconds *without using any names except Jesus*.
- When they finish, ask the congregation to guess the correct story.

Example story:

Three friends stayed standing when thousands bowed the knee.

They refused to worship anyone but God.

They were thrown into flames.

Everyone thought their God had lost.

Suddenly, the crowd saw Someone walking in the flames with the three friends.

The One walking with them was Jesus.

He had never left them!

- Have a young person read Revelation 14:7.
- Lead the congregation in singing a song about how great and awesome God is.
- Have a prayer leader or young person briefly explain:
We are to be in AWE of God right now! Jesus Christ, God the Son, has always stood with His people throughout the ages. Jesus stood by Shadrach, Meshach, and Abednego. He stood up in the boat to calm the sea for His disciples. He stood before the dead man Lazarus and called him to be a living, standing, breathing man again. Best of all, Jesus stands FOR US right now in this time of judgment!

Testify

- Ask everyone to once again join their groups of two or three. Have each group search for stories in the Bible in which God stood up for His people.
- Invite both young and old to share their examples in less than 30 seconds.
Examples:
Queen Esther: God rescued His people from death.
Daniel: God stood with Daniel before the lions.

Pray

- Pray in groups of two or three.
- Give each group a list of the following Bible promises about judgment (or write or project them for all to see). Pray through each promise, thanking God and telling Him what it means to you.
 - "Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need" (Heb. 4:16).
 - "Therefore He is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them" (Heb. 7:25).
 - "For Christ has not entered the holy places made with hands, which are copies of the true, but into heaven itself, now to appear in the presence of God for us" (Heb. 9:24).
 - "If God is for us, who can be against us? . . . Who shall bring a charge against God's elect? It is God who justifies" (Rom. 8:31, 33).
- Example of how to pray through Scripture:
Lord, sometimes we're afraid to come to You. Thank you for inviting us in Hebrews 4:16 to draw near to Your throne of grace. We thank You for mercy when we need it most.

Live

- Leader: ask the congregation to bow their heads and silently pray:
Lord, how do You want me to live in this time of final judgment?
What changes are You asking me to make?
Which person in my life are You asking me to share good news with?
- Share in your small groups of two or three: Who is God impressing you to share the good news with this week? In small groups, pray for the Holy Spirit to empower each of you with wisdom as you spread the love of Jesus.

Praise

- Close by leading the congregation in a song about the amazing love of God.

Praying the First Angel's Message: Session 5

Time: Sabbath afternoon prayer program

Theme: Praying the passage "worship Him who made heaven and earth"

Connect

- Ask for responses: What one thing have you created with your hands that is most meaningful to you? Give everyone a chance to respond briefly.

Discover

- Read Genesis 1:1 and 2:1-3 together.
- Give everyone a piece of paper and something to draw with. Invite them to draw a 60-second picture of their favorite thing that God created in the sky, on the land, or in the sea.
- Hold up the pictures for all to see. Ask several young people to share what they drew.
- Explain: the first angel's message calls us to love and worship God because He created us.
- Divide into small groups. Have helpers ready to make sure everyone is included in a group.
- In small groups: read the first angel's message from the Bible one more time (Revelation 14:6, 7). Summarize the highlights. For example:
God's eternal gospel is for every human on earth—every nation, tribe, language, and people.
God is worthy of awe and worship.
The time for judgment has come—and that's good news because the Judge is on our side.
We love to worship Him because He is our Creator.
- Have everyone sing a children's song about God's power to create.

Pray

- In small groups: pray through Revelation 14:6, 7. Ask for wisdom to understand the message deeply and share it with love.
- In small groups: offer short sentence prayers thanking God for something He created.
- With everyone: join in a song of thanksgiving.
- In small groups: praise God for something in His creation that reveals His character.
- With everyone: join in a song of praise for WHO God is.
- Leader: from the front of the room, ask everyone to take several minutes to pray silently, confessing to God anything that compromises their relationship with Him.
- With everyone: join in a song about God's grace.
- Leader: offer prayer asking God to call our hearts to worship Jesus Christ every day.
- Adults and teens may take time for a longer prayer session. This afternoon is a good time to offer intercessory prayer for needy loved ones, spiritual seekers, and the world church. Refer to the United Prayer Guide included with these Day of Prayer materials.

Live

- Ask God for one practical way that you could grow in the way you worship Jesus each Sabbath.
- Share in groups of two or three how God is calling you to grow in your worship of Jesus on Sabbath. Pray for each other. Write down your commitment and allow God to make it a reality in your life.

- Have a young person read Revelation 14:7.
- Lead the congregation in singing a song about how great and awesome God is.
- Have a prayer leader or young person briefly explain:
We are to be in AWE of God right now! Jesus Christ, God the Son, has always stood with His people throughout the ages. Jesus stood by Shadrach, Meshach, and Abednego. He stood up in the boat to calm the sea for His disciples. He stood before the dead man Lazarus and called him to be a living, standing, breathing man again. Best of all, Jesus stands FOR US right now in this time of judgment!

Testify

- Ask everyone to once again join their groups of two or three. Have each group search for stories in the Bible in which God stood up for His people.
- Invite both young and old to share their examples in less than 30 seconds.
Examples:
Queen Esther: God rescued His people from death.
Daniel: God stood with Daniel before the lions.

Pray

- Pray in groups of two or three.
- Give each group a list of the following Bible promises about judgment (or write or project them for all to see). Pray through each promise, thanking God and telling Him what it means to you.
 - "Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need" (Heb. 4:16).
 - "Therefore He is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them" (Heb. 7:25).
 - "For Christ has not entered the holy places made with hands, which are copies of the true, but into heaven itself, now to appear in the presence of God for us" (Heb. 9:24).
 - "If God is for us, who can be against us? . . . Who shall bring a charge against God's elect? It is God who justifies" (Rom. 8:31, 33).
- Example of how to pray through Scripture:
Lord, sometimes we're afraid to come to You. Thank you for inviting us in Hebrews 4:16 to draw near to Your throne of grace. We thank You for mercy when we need it most.

Live

- Leader: ask the congregation to bow their heads and silently pray:
Lord, how do You want me to live in this time of final judgment?
What changes are You asking me to make?
Which person in my life are You asking me to share good news with?
- Share in your small groups of two or three: Who is God impressing you to share the good news with this week? In small groups, pray for the Holy Spirit to empower each of you with wisdom as you spread the love of Jesus.

Praise

- Close by leading the congregation in a song about the amazing love of God.

United Prayer Guide

One goal of this year's quarterly Day of Prayer sessions is to call a new generation to prayer. That's why the activities focus on bringing together all ages to seek God while exploring the practical truths of the three angels' messages. Let's mentor the young, encourage the lonely, and affirm the seekers among us. Everyone is invited!

We also encourage making time for a deeper united prayer time, especially for adults and teens. Consider adding an extended group prayer time after the multigenerational activities on Sabbath afternoon (Session 5). Other possible times for extended prayer include Friday evening or Sabbath morning before Sabbath School.

Possible Outline for a United Prayer Session

Singing: Begin with a song of praise. Feel free to mingle songs throughout the prayer time.

Thanks and Praise: Give thanks for specific blessings and praise God for His goodness.

Confession: Take a few minutes for private confession and thank God for His forgiveness.

Guidance: Ask God to grant wisdom for current challenges and decisions.

Our Church: Ask God to bless the efforts of our local, regional, and world church.

Local Requests: Pray for current needs of church members, family, and neighbors.

Listen and Respond: Take time to listen for God's voice and respond in praise or song.

Praying Scripture: In addition to bringing God your requests, make time to pray the words of Scripture. Claim God's promises and respond with praise and thanks. Your group may wish to pray through the three angels' messages, asking God for deeper understanding and wisdom for sharing truth with the world. Another option is to pray together through psalms of praise.

Optional Meal: Some churches conclude the Day of Prayer with a simple evening meal in celebration of God's blessings.

For additional guidance in leading united prayer, download the booklet *Praying for Rain* from the Revival and Reformation website: <https://www.revivalandreformation.org/resources/all/praying-for-rain>.

Bible Promises to Claim in Prayer

All Scripture quoted from NKJV

Promises for the Holy Spirit

"Ask the Lord for rain in the time of the latter rain. The Lord will make flashing clouds; He will give them showers of rain, grass in the field for everyone." Zech. 10:1

"If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!" Luke 11:13

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. . . . And when He has come, He will convict the world of sin, and of righteousness, and of judgment." John 14:26; 16:8

"Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father. And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it." John 14:12-14

"So he answered and said to me: This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by My Spirit,' says the Lord of hosts." Zech. 4:6

Promises that God Answers Prayers

"If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you." John 15:7

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need." Heb. 4:16

"Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them." Mark 11:24

"Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me." Ps. 50:15

"Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven." Matt. 18:19

"And whatever things you ask in prayer, believing, you will receive." Matt. 21:22

"And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it." John 14:13, 14

"And in that day you will ask Me nothing. Most assuredly, I say to you, whatever you ask the Father in My name He will give you. Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full." John 16:23, 24

"Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we asked of Him." 1 John 5:14, 15

Promises About God's Power

"Is anything too hard for the Lord? At the appointed time I will return to you, according to the time of life, and Sarah shall have a son." Gen. 18:14

"The Lord will fight for you, and you shall hold your peace." Ex. 14:14

"But Jesus looked at them and said, 'With men it is impossible, but not with God; for with God all things are possible.'" Mark 10:27

"He who calls you is faithful, who also will do it." 1 Thess. 5:24

"I know that You can do everything, and that no purpose of Yours can be withheld from You." Job 42:2

"What then shall we say to these things? If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?" Rom. 8:31, 32

"God is not a man, that He should lie, nor a son of man, that He should repent. Has He said, and will He not do? Or has He spoken, and will He not make it good?" Num. 23:19

"Have you not known? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, neither faints nor is weary. His understanding is unsearchable. He gives power to the weak, and to those who have no might He increases strength. Even the youths shall faint and be weary, and the young men shall utterly fall, but those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." Isa. 40:28-31

Promises for God's Guidance

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go." Josh. 1:9

"Behold, I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have spoken to you." Gen. 28:15

"Behold, I send an Angel before you to keep you in the way and to bring you into the place which I have prepared." Ex. 23:20

"But from there you will seek the Lord your God, and you will find Him if you seek Him with all your heart and with all your soul." Deut. 4:29

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know." Jer. 33:3

"Every valley shall be exalted and every mountain and hill brought low; the crooked places shall be made straight and the rough places smooth; the glory of the Lord shall be revealed, and all flesh shall see it together; for the mouth of the Lord has spoken." Isa. 40:4, 5

"I will instruct you and teach you in the way you should go; I will guide you with My eye." Ps. 32:8

"And the Lord, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed." Deut. 31:8

"Who is the man that fears the Lord? Him shall He teach in the way He chooses." Ps. 25:12

"Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths." Prov. 3:5, 6

"If you extend your soul to the hungry and satisfy the afflicted soul, then your light shall dawn in the darkness, and your darkness shall be as the noonday. The Lord will guide you continually, and satisfy your soul in drought, and

strengthen your bones; you shall be like a watered garden, and like a spring of water, whose waters do not fail." Isa. 58:10, 11

"It shall come to pass that before they call, I will answer; and while they are still speaking, I will hear." Isa. 65:24

Promises for a Changed Heart

"Then I will give them a heart to know Me, that I am the Lord; and they shall be My people, and I will be their God, for they shall return to Me with their whole heart." Jer. 24:7

"And the Lord your God will circumcise your heart and the heart of your descendants, to love the Lord your God with all your heart and with all your soul, that you may live." Deut. 30:6

"I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh." Ezek. 36:26

"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." Phil. 1:6

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 Cor. 5:17

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." Gal. 2:20

"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it." 1 Thess. 5:23, 24

Promises for Forgiveness

"If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." 2 Chr. 7:14

"For You, Lord, are good, and ready to forgive, and abundant in mercy to all those who call upon You." Ps. 86:5

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses." Mark 11:25

"And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you." Eph. 4:32

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9

"Come now, and let us reason together, says the Lord, though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall be as wool." Isa. 1:18

"I, even I, am He who blots out your transgressions for My own sake; and I will not remember your sins." Isa. 43:25

"For I will forgive their iniquity, and their sin I will remember no more." Jer. 31:34

"In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace." Eph. 1:7

Promises for Victory Over Sin

"For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith."
1 John 5:4

"Yet in all these things we are more than conquerors through Him who loved us." Rom. 8:37

"But thanks be to God, who gives us the victory through our Lord Jesus Christ." 1 Cor. 15:57

"Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand." Isa. 41:10

"Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one."
Eph. 6:16

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." Gal. 2:20

"For it is God who works in you both to will and to do for His good pleasure." Phil. 2:13

"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh." Gal. 5:16

"And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen." Rom. 16:20

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." Rom. 12:2

"Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him." 1 John 2:15

Promises for Healing

"If you diligently heed the voice of the Lord your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you." Ex. 15:26

"Your sandals shall be iron and bronze; as your days, so shall your strength be." Deut. 33:25

"Bless the Lord, O my soul, and forget not all His benefits: who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with lovingkindness and tender mercies, who satisfies your mouth with good things, so that your youth is renewed like the eagle's." Ps. 103:2-5

"Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh and strength to your bones." Prov. 3:7, 8

"He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. Surely He has borne our griefs and carried our sorrows; yet we esteemed Him stricken, smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed."
Isa. 53:3-5

"Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise." Jer. 17:14

"For I will restore health to you and heal you of your wounds,' says the Lord, 'because they called you an outcast saying: This is Zion; no one seeks her.'" Jer. 30:17

"Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth."
Jer. 33:6

"But to you who fear My name the Sun of Righteousness shall arise with healing in His wings; and you shall go out and grow fat like stall-fed calves." Mal. 4:2

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven." James 5:14, 15

Promises for Strength to Do God's Will

"Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal." 2 Cor. 4:16-18

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart." Gal. 6:9

"I can do all things through Christ who strengthens me." Phil. 4:13

"For it is God who works in you both to will and to do for His good pleasure." Phil. 2:13

"And He said to me, 'My grace is sufficient for you, for My strength is made perfect in weakness.' Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me." 2 Cor. 12:9

Promises About Being God's Witnesses

"Do not fear, nor be afraid; have I not told you from that time, and declared it? You are My witnesses. Is there a God besides Me? Indeed there is no other Rock; I know not one." Isa. 44:8

"Arise, shine; for your light has come! And the glory of the Lord is risen upon you." Isa. 60:1

"Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation." 2 Cor. 5:18

"But the Lord said to me: Do not say, 'I am a youth,' for you shall go to all to whom I send you, and whatever I command you, you shall speak." Jer. 1:7

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." Acts 1:8

"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." 1 Peter 2:9

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear." 1 Peter 3:15