

Praying the Three Angels' Messages

Leader's Guide

Welcome—Let's Pray Together

We invite you to join God's people around the world in celebrating the quarterly Day of Prayer. No matter how great your challenges may be, our God is greater!

In a year filled with loss and grief, He offers hope beyond our imagination:

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need" (Heb. 4:16).

In a world of constant uncertainty, He promises answers:

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know" (Jer. 33:3).

And to believers who regret the past or fear the future, He issues an open invitation:

"Come to Me, all you who labor and are heavy laden, and I will give you rest" (Matt. 11:28).

Not one prayer escapes the notice of our loving heavenly Father, who waits eagerly to pour out blessings when His people ask. Please join us by gathering your church members, friends, and neighbors to seek God's wisdom and claim His endless promises!

Our 2022 Theme: Praying the Three Angels' Messages

This year our quarterly Day of Prayer guides will focus on praying through the timely three angels' messages of Revelation 14:6-12. Praying through Scripture gives substance to our prayers and allows God to speak directly through His Word.

You probably already know that the three angels' messages make up a vital part of Seventh-day Adventist identity. You may have memorized these verses. And yet a surprising number of Adventists cannot explain why these messages matter. Where do the three angels fit in the big picture of salvation? What do they say about God's love? How do they affect my life, and how can I share them with the world?

While the Day of Prayer guides are not intended as a theological study, we hope they lead you to pray with purpose and seek a deeper understanding of God's precious final messages to the world.

Invite Everyone—Young and Old

You may notice a change from previous years: these activities are designed especially for intergenerational groups. We want to inspire everyone to pray together: children and parents, teens and retirees, singles and couples, lifelong Christians and curious seekers. Please adapt the materials to suit your own group.

Many of the prayer activities will be more meaningful with children and youth present. Be sure to invite them to share their joy and talents during your Day of Prayer.

Suggestions for Day of Prayer Leaders

- The first Sabbath of each quarter is designated as the Day of Prayer. These materials could also be adapted for other prayer events or even youth groups.
- This year's Day of Prayer activities are designed for multiple generations praying together. Be intentional about inviting people of all ages. Ask children, youth, grandparents, single adults, and others to help lead activities.
- If you wish, begin prayer sessions with group singing or other music that is meaningful to your congregation and culture. Since this year's Day of Prayer is intended for multiple generations, consider including favorite songs for all ages. Ask young people or families to help choose and lead the music.
- Encourage participants to pray brief prayers so everyone can join in.
- This Day of Prayer guide includes suggested activities for five sessions:
 - Session 1:** Friday morning worship at church school or a youth meeting or other event.
 - Session 2:** Friday night family worship. (Families come in all shapes and sizes. If you are a family of one, consider inviting friends or neighbors to your home, or gather outdoors.)
 - Session 3:** Sabbath morning personal devotions. (Guard this time alone with Jesus. If you have young children, enjoy doing these activities together.)
 - Session 4:** Sabbath morning worship service at church.
 - Session 5:** Sabbath afternoon prayer service at church or another location.
- **Optional:** You may wish to hold an extended prayer session for adults and teens after Session 5 on Sabbath afternoon. See the United Prayer Guide for suggestions.

Basic Planning Checklist

- Talk to your pastor and church board well in advance and put the quarterly Day of Prayer on the church calendar for the first Sabbath of each quarter.
- Beginning several weeks in advance, announce Day of Prayer activities in church and in the bulletin. Let people know that this year's activities are designed especially for multiple ages.
- Encourage church members to invite community friends to join in Day of Prayer activities. God's timely messages of love are meant for all!
- Print the Church Handout and distribute several weeks in advance. The handout can also be distributed during the Day of Prayer to anyone who has not received it yet.
- Print activity sheets for Session 1, Session 4, and Session 5. Delegate a leader for each session.
- Print activity sheets for Session 2 and Session 3 and distribute copies to Day of Prayer participants one or two weeks in advance. Use the church bulletin or announcement time to briefly describe the Friday evening worship (Session 2) and Sabbath morning personal devotions (Session 3). Encourage members of all ages to join in. Send electronic reminders if possible.
- Print the United Prayer Guide and delegate a leader if you plan to hold a longer united prayer session after the group activities on Sabbath afternoon.
- Session leaders should read through activity sheets, gather any needed materials, find extra volunteers or music leaders if needed, and pray for the Holy Spirit to lead.
- Print other Day of Prayer materials as needed:
 - Welcome and Planning Suggestions (for leaders)
 - Prayer Promises (optional handout for participants)

More Resources

- Revival and Reformation website. Check under the Prayer tab for excellent prayer ministry ideas. Find all Day of Prayer resources for 2022 and previous years: <https://www.revivalandreformation.org/resources/all/prayer-and-fasting-days>.
- *Praying for Rain*. This downloadable booklet is filled with inspiring quotes and guidelines for leading united prayer: <https://www.revivalandreformation.org/resources/all/praying-for-rain>.
- *Experiencing God Through Prayer and Praise*. This downloadable packet includes fantastic resources for both personal and group prayer. Print individual topics or the entire packet. <https://www.revivalandreformation.org/prayer/experiencinggod>.
- ThreeAngels.info. If you want to learn more about God's end-time messages of love, the Seventh-day Adventist Church has created this new site filled with articles, videos, books and more: <https://www.threeangels.info>.

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Principal Contributor: Pastor Don MacLafferty. Learn more about his disciple-making ministry and find downloadable books and ministry materials here: <https://indiscipleship.org>.

QUARTERLY

DAY OF PRAYER | 2nd Quarter 2022

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Time: Friday night family worship or worship with friends in a home or outdoors

Theme: God never fails!

Connect

- Sit with your family or group in a circle.
- Invite everyone to think of a law in nature that you have never seen broken. Then each person briefly acts out one law of nature that never changes. Very young children may need a partner. Example: *Pick up an object and let it drop. Object falls DOWN, not UP.*
- Invite everyone to guess which natural law is being acted out.
- Explain: Humans create many things that appear unbreakable (monuments, machines, etc.), but all human creations eventually break or fall apart. Only God never fails or changes.
- History tells about a man who created a city and a nation that he thought would last forever. He found out that only God never fails.

Discover

- Read Daniel 4:29-33 together.
- Ask: What did King Nebuchadnezzar think about himself and his great city of Babylon? What did God say? And what was the result of his pride?
- Read Daniel 4:34-37 together.
- Summarize together: What was Nebuchadnezzar's testimony after he humbled himself?

Pray

- Keep your Bibles open to Daniel 4:34-37. Praise God for the characteristics described in each verse. Examples from Daniel 4:34:
You are the Most High God. No one on earth is higher than You!
You live forever, God. You will never die!

Live

- Talk about how you can practice praising God daily for His divine character. You might start a new family tradition of praising God for something special during morning or evening worship. Take your inspiration from the words of Scripture or God's blessings in your daily life. Examples:
God the Father, You rule over everything!
God the Son, You never change!
God the Holy Spirit, You are mighty and loving!

Praying the Second Angel's Message: Session 3

Time: Sabbath morning personal/family devotions

Theme: Look to God, not man

Connect

- Ask: Can you think of a time when something man-made failed you? If you are having worship with children, ask them to draw a picture of something created by humans that didn't work correctly. Guess what the picture depicts. Example: *a drawing of a new toy that broke quickly.*
- Let's discover truths about God and why we can depend on Him always.

Discover

- Read Revelation 14:8 together. The second angel declares that Babylon has fallen. Think about how God's character contrasts with that of Babylon—and how His kingdom will never fail or fall apart.
- Look up these verses to explore more of God's character and why He can be trusted all the time:
 - Isaiah 40:28
 - Psalm 90:2
 - Psalm 106:2
 - Romans 1:20

Pray

- Read the passages above one more time. Praise God for what you discover about Him in each text. Example: *Lord, most things in this world are temporary. Thank You that You are everlasting!*

Live

- Continue making praise a regular part of your personal devotions. Practice praising God for something specific every day.
Examples:
God, You are the Giver of all good gifts.
You are the First and the Last.
You are the Creator of heaven and earth.

Praying the Second Angel's Message: Session 4

Time: Sabbath morning worship service

Theme: Man's "forever" never matches up to God's "forever"

Planning suggestions:

Coordinate the church service with your pastor or elders. Include essential items from your usual order of service, such as welcome and offering. Note that Scripture readings, songs, and a multigenerational activity are included as part of this suggested service. Pray about how you can make the program special and include all ages in worship. Also remember to invite everyone to the afternoon prayer program, and encourage members to bring friends.

Before the Day of Prayer, arrange for volunteers to help by reading Scripture passages aloud. Also prepare the "Timeless Truths About Jesus" listed in the Discover section below. Consider writing these on large posters (perhaps children or youth can help you write and decorate the posters). If this is impossible, list the truths on a large whiteboard for all to read. **This church service can be "hosted" by a leader who remains up front to ask the discussion questions, briefly explain passages, give directions, and announce songs. Young people or other volunteers may sit on the front row or beside the leader so they are ready to read Scripture passages, lead music, or help in other ways.**

Sing

- Sing a hymn of praise for our mighty God.
- Sing a children's song about God's power and might.

Pray

- Ask everyone to form groups of three or four. Choose some helpers ahead of time to pair up with people sitting alone and make sure everyone has a group.
- Ask everyone to pray brief prayers of thanksgiving with their groups. Thank God for specific examples of His power in your life.

Connect

- Ask everyone to remain in their groups of three or four. Share in your groups about an event in your life that seemed like it would last "forever."
- Explain: Some things in life seem like they will go on forever, but the Bible tells us that everything in this world will come to an end. Today we're taking a fresh look at the second angel's message of Revelation 14:8. Here we read that Babylon is fallen. Why does this message matter?
- Explain: A long time ago there was a king who thought his kingdom would last forever. Instead, he discovered the truth of a mighty God who lasts forever while earthly kingdoms fall. Ready to discover this truth all over again?

Discover

- Read aloud: Daniel 5:1-5. (King Belshazzar praises false gods made by man.)
(Consider assigning a different church member to read each Scripture passage during the service.)
- Ask: What things in this world are receiving your attention and praise?
- Invite everyone to pray silently: Offer brief prayers of confession about the worldly things that have distracted you from the true God who lives forever.

- Read aloud: Daniel 5:5-9. (God sends the king a message that no one can explain.)
- Read aloud: Daniel 5:22-28. (God sends Daniel to explain the message.)
- Explain: Babylon has always been full of falsehoods and confusion when it comes to truth. Here are some truths about Jesus that spiritual Babylon is trying to confuse in our day. (Leader can read each of the following posters aloud. If time allows, have volunteers read the complete Bible passages.)

Timeless Truths About Jesus

(Write these on posters for children to hold up, or display by another method)

- Jesus is the only name by which we may be saved.
Acts 4:10-12
- Jesus is our High Priest who stands up FOR us now in this time of judgment.
Hebrews 3:1 and 9:24
- Jesus is as changeless as His law.
Hebrews 13:8 and Matthew 5:18
- Jesus is the Lord of the Sabbath.
Mark 2:27, 28
- Jesus has a people who keep His commandments and hold to true prophets.
Revelation 12:17 and 19:10
- Jesus awakens the righteous dead when He returns.
1 Thessalonians 4:16-18
- Jesus is literally coming again!
Revelation 1:7

Pray

- Thank God for each of these truths about Jesus.
- Also confess the times when God's people have followed what appeared to be truth but was really a temporary human solution.
- Ask God for wisdom to know what is temporary and what lasts forever.
Thank Him that He WILL give wisdom to those who ask (James 1:5).

Live

- Form groups of three or four again.
- Discuss: Which of these seven truths about Jesus do you most need to study and practice this coming week? Share your answers with each other and pray for wisdom and faithfulness.

Sing

- Sing a song about the truth of Jesus.

Pray

- Close by asking the Holy Spirit to lead children, youth, and adults to live out the everlasting truth of Jesus.

Praying the Second Angel's Message: Session 5

Time: Sabbath afternoon prayer program

Theme: Join what is standing—not what is falling!

Connect

- Form groups of two or three. Make sure everyone is part of a group.
- Discuss in groups: What was the most difficult place to leave in your entire life? Why?
- Leader: Explain that even “hard” places can become difficult to leave.
- Invest your life in what will stand the test of time—even if that means leaving a place where you feel temporarily comfortable.

Discover

- Read aloud: Revelation 14:8 and 18:5.
- Read aloud: *The Great Controversy*, pp. 389, 390.
Here Ellen White explains that the fall of Babylon will not be complete until:
 - Babylon has made “ALL NATIONS drink of the wine of the wrath of her fornication” (Rev. 14:8).
 - Satan works “with all power and signs and lying wonders and with all deceivableness of unrighteousness” (2 Thess. 2:9, 10).
 - They that “received not the love of the truth, that they might be saved” will be left to receive “strong delusion, that they should believe a lie” (2 Thess. 2:10, 11).
 - The church described in Revelation 14:8 rejects the warning of the three angels’ messages.
- Read aloud: “Not until this condition shall be reached, and the union of the church with the world shall be fully accomplished throughout Christendom, will the fall of Babylon be complete” (Ellen G. White, *The Great Controversy*, p. 390).
- Contrast fallen Babylon with God’s kingdom as described in Isaiah 40:8 and Hebrews 13:8.
- Invite everyone to draw a picture showing one way God has been faithful to you in past years.
- Hang all the pictures up for everyone to see. (One way to hang the pictures: hang up a rope like a clothesline and hang pictures with clothespins.)

Pray

- Leader or volunteer: Thank God for warning us about the fall of Babylon and for calling His people out of Babylon.
- Sing together: Any song of thanksgiving.
(Make an easy transition from prayers to songs by singing a cappella or with a convenient instrument such as a guitar.)
- Leader or volunteer: Praise God that both He and His Word last forever.
- Sing together: Any song about God’s Word.
- Leader: Invite participants to silently confess any compromise in their lives.
- Sing together: Any song about the cleansing power of Jesus.
- Leader: Ask God for courage to stand tall for Christ.

Sing

- Sing a song of standing up for Jesus.

Live

- Give everyone a small blank card. Ask everyone to draw a simple figure of themselves “standing tall for Jesus.” Then under the picture write one way God is calling you to stand tall for Him right now. Keep the card in your Bible.

Pray

- We know that everything people trust in this old world will soon fail: friends, businesses, governments, and bank accounts may be here today and gone tomorrow.
- Thank Jesus that He will never fail!

Optional Activity for Children or Youth:

- Provide pieces of paper and colorful art supplies so each young person can draw a large picture of themselves standing tall for Jesus. Label each picture “Stand Up for Jesus!” Hang the pictures in a hallway or the church entry.

United Prayer Guide

One goal of this year's quarterly Day of Prayer sessions is to call a new generation to prayer. That's why the activities focus on bringing together all ages to seek God while exploring the practical truths of the three angels' messages. Let's mentor the young, encourage the lonely, and affirm the seekers among us. Everyone is invited!

We also encourage making time for a deeper united prayer time, especially for adults and teens. Consider adding an extended group prayer time after the multigenerational activities on Sabbath afternoon (Session 5). Other possible times for extended prayer include Friday evening or Sabbath morning before Sabbath School.

Possible Outline for a United Prayer Session

Singing: Begin with a song of praise. Feel free to mingle songs throughout the prayer time.

Thanks and Praise: Give thanks for specific blessings and praise God for His goodness.

Confession: Take a few minutes for private confession and thank God for His forgiveness.

Guidance: Ask God to grant wisdom for current challenges and decisions.

Our Church: Ask God to bless the efforts of our local, regional, and world church.

Local Requests: Pray for current needs of church members, family, and neighbors.

Listen and Respond: Take time to listen for God's voice and respond in praise or song.

Praying Scripture: In addition to bringing God your requests, make time to pray the words of Scripture. Claim God's promises and respond with praise and thanks. Your group may wish to pray through the three angels' messages, asking God for deeper understanding and wisdom for sharing truth with the world. Another option is to pray together through psalms of praise.

Optional Meal: Some churches conclude the Day of Prayer with a simple evening meal in celebration of God's blessings.

For additional guidance in leading united prayer, download the booklet *Praying for Rain* from the Revival and Reformation website: <https://www.revivalandreformation.org/resources/all/praying-for-rain>.

Bible Promises to Claim in Prayer

All Scripture quoted from NKJV

Promises for the Holy Spirit

"Ask the Lord for rain in the time of the latter rain. The Lord will make flashing clouds; He will give them showers of rain, grass in the field for everyone." Zech. 10:1

"If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!" Luke 11:13

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. . . . And when He has come, He will convict the world of sin, and of righteousness, and of judgment." John 14:26; 16:8

"Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father. And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it." John 14:12-14

"So he answered and said to me: This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by My Spirit,' says the Lord of hosts." Zech. 4:6

Promises that God Answers Prayers

"If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you." John 15:7

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need." Heb. 4:16

"Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them." Mark 11:24

"Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me." Ps. 50:15

"Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven." Matt. 18:19

"And whatever things you ask in prayer, believing, you will receive." Matt. 21:22

"And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it." John 14:13, 14

"And in that day you will ask Me nothing. Most assuredly, I say to you, whatever you ask the Father in My name He will give you. Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full." John 16:23, 24

"Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we asked of Him." 1 John 5:14, 15

Promises About God's Power

"Is anything too hard for the Lord? At the appointed time I will return to you, according to the time of life, and Sarah shall have a son." Gen. 18:14

"The Lord will fight for you, and you shall hold your peace." Ex. 14:14

"But Jesus looked at them and said, 'With men it is impossible, but not with God; for with God all things are possible.'" Mark 10:27

"He who calls you is faithful, who also will do it." 1 Thess. 5:24

"I know that You can do everything, and that no purpose of Yours can be withheld from You." Job 42:2

"What then shall we say to these things? If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?" Rom. 8:31, 32

"God is not a man, that He should lie, nor a son of man, that He should repent. Has He said, and will He not do? Or has He spoken, and will He not make it good?" Num. 23:19

"Have you not known? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, neither faints nor is weary. His understanding is unsearchable. He gives power to the weak, and to those who have no might He increases strength. Even the youths shall faint and be weary, and the young men shall utterly fall, but those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." Isa. 40:28-31

Promises for God's Guidance

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go." Josh. 1:9

"Behold, I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have spoken to you." Gen. 28:15

"Behold, I send an Angel before you to keep you in the way and to bring you into the place which I have prepared." Ex. 23:20

"But from there you will seek the Lord your God, and you will find Him if you seek Him with all your heart and with all your soul." Deut. 4:29

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know." Jer. 33:3

"Every valley shall be exalted and every mountain and hill brought low; the crooked places shall be made straight and the rough places smooth; the glory of the Lord shall be revealed, and all flesh shall see it together; for the mouth of the Lord has spoken." Isa. 40:4, 5

"I will instruct you and teach you in the way you should go; I will guide you with My eye." Ps. 32:8

"And the Lord, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed." Deut. 31:8

"Who is the man that fears the Lord? Him shall He teach in the way He chooses." Ps. 25:12

"Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths." Prov. 3:5, 6

"If you extend your soul to the hungry and satisfy the afflicted soul, then your light shall dawn in the darkness, and your darkness shall be as the noonday. The Lord will guide you continually, and satisfy your soul in drought, and strengthen your bones; you shall be like a watered garden, and like a spring of water, whose waters do not fail." Isa. 58:10, 11

"It shall come to pass that before they call, I will answer; and while they are still speaking, I will hear." Isa. 65:24

Promises for a Changed Heart

"Then I will give them a heart to know Me, that I am the Lord; and they shall be My people, and I will be their God, for they shall return to Me with their whole heart." Jer. 24:7

"And the Lord your God will circumcise your heart and the heart of your descendants, to love the Lord your God with all your heart and with all your soul, that you may live." Deut. 30:6

"I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh." Ezek. 36:26

"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." Phil. 1:6

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 Cor. 5:17

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." Gal. 2:20

"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is faithful, who also will do it." 1 Thess. 5:23, 24

Promises for Forgiveness

"If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." 2 Chr. 7:14

"For You, Lord, are good, and ready to forgive, and abundant in mercy to all those who call upon You." Ps. 86:5

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses." Mark 11:25

"And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you." Eph. 4:32

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9

"Come now, and let us reason together, says the Lord, though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall be as wool." Isa. 1:18

"I, even I, am He who blots out your transgressions for My own sake; and I will not remember your sins." Isa. 43:25

"For I will forgive their iniquity, and their sin I will remember no more." Jer. 31:34

"In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace." Eph. 1:7

Promises for Victory Over Sin

"For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith." 1 John 5:4

"Yet in all these things we are more than conquerors through Him who loved us." Rom. 8:37

"But thanks be to God, who gives us the victory through our Lord Jesus Christ." 1 Cor. 15:57

"Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand." Isa. 41:10

"Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one." Eph. 6:16

"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." Gal. 2:20

"For it is God who works in you both to will and to do for His good pleasure." Phil. 2:13

"I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh." Gal. 5:16

"And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen." Rom. 16:20

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." Rom. 12:2

"Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him." 1 John 2:15

Promises for Healing

"If you diligently heed the voice of the Lord your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you." Ex. 15:26

"Your sandals shall be iron and bronze; as your days, so shall your strength be." Deut. 33:25

"Bless the Lord, O my soul, and forget not all His benefits: who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with lovingkindness and tender mercies, who satisfies your mouth with good things, so that your youth is renewed like the eagle's." Ps. 103:2-5

"Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh and strength to your bones." Prov. 3:7, 8

"He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. Surely He has borne our griefs and carried our sorrows; yet we esteemed Him stricken, smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed." Isa. 53:3-5

"Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise." Jer. 17:14

"For I will restore health to you and heal you of your wounds,' says the Lord, 'because they called you an outcast saying: This is Zion; no one seeks her.'" Jer. 30:17

"Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth." Jer. 33:6

"But to you who fear My name the Sun of Righteousness shall arise with healing in His wings; and you shall go out and grow fat like stall-fed calves." Mal. 4:2

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven." James 5:14, 15

Promises for Strength to Do God's Will

"Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal." 2 Cor. 4:16-18

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart." Gal. 6:9

"I can do all things through Christ who strengthens me." Phil. 4:13

"For it is God who works in you both to will and to do for His good pleasure." Phil. 2:13

"And He said to me, 'My grace is sufficient for you, for My strength is made perfect in weakness.' Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me." 2 Cor. 12:9

Promises About Being God's Witnesses

"Do not fear, nor be afraid; have I not told you from that time, and declared it? You are My witnesses. Is there a God besides Me? Indeed there is no other Rock; I know not one." Isa. 44:8

"Arise, shine; for your light has come! And the glory of the Lord is risen upon you." Isa. 60:1

"Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation." 2 Cor. 5:18

"But the Lord said to me: Do not say, 'I am a youth,' for you shall go to all to whom I send you, and whatever I command you, you shall speak." Jer. 1:7

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." Acts 1:8

"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." 1 Peter 2:9

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear." 1 Peter 3:15