

# Ten Days of Prayer – Simplified for Children

(These materials follow the program for January 8-18, 2020)

Simplified by Luciana Riges, mother of Logan 13, Larissa 11, Lance 5 and Lily 18 months.

## DAY 1 – Our Need of the Holy Spirit

*“But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.” – Acts 1:8, NLT*

Go for a nature walk and listen to the birds, observe the grass, find some moss, listen to the wind and thank God for His creation and for the gift of the Holy Spirit.

Paul once asked 12 men from Ephesus, “Did you receive the Holy Spirit when you believed?” (Acts 19:2, NLT). How would you answer? (The Ephesian men said, “No, we have not even heard of the Holy Spirit.”)

Romans 8:16—When the Holy Spirit comes among us, we will confess our sins and receive the gift of salvation through Jesus. We will have assurance of salvation because we are children of God.

Think of five friends to pray for during this Ten Days of Prayer. Write their initials on your left hand on your fingertips.

### Suggested Prayers

- Please change my heart, O God, and make it ever true. Cleanse me from sin and prepare me to receive Your Spirit (Psalm 51:7, 10).
- Bless the pastors, teachers, evangelists, Bible workers, and administrators of our church with the power of the Holy Spirit (1 Timothy 2:1-4).

### Suggested Songs

I Love You, Lord; Change My Heart, O God; Baptize Us Anew (Hymn #258); Spirit of the Living God (Hymn #672); Give me oil in my lamp

## DAY 2 – The Witness of the Holy Spirit

*“And when He has come, He will convict the world of sin, and of righteousness, and of judgment.” – John 16:8, NKJV*

Go to a forest and observe the trees. Look to the tallest ones and think of how it started from a tiny seed. Think of how your life also began as a little tiny baby. Thank God for His Creation and for giving us His Spirit.

John 16:8-11—It is the work of the Holy Spirit of God to convict us of our sins and lead us to Jesus.

Pray for your five friends and don't forget to have their initials written on your fingertips

### Suggested Prayers

- Dear Jesus, I want to be what You want me to be. I want to do what You want me to do, and I want to go where You want me to go.”
- Lord, please raise up modern-day Waldensian students who are willing to serve You in difficult places.
- Dear Father in heaven, I know I am a sinner. Please forgive all my sins as You promised to do (1 John 1:9). Thank You! You also promised to give me eternal life if I accept Jesus as my Savior. Today I choose Jesus. I can't wait for Jesus to come!
- Dear Jesus, I want to walk always in the presence of the Holy Spirit so that I may recognize when then the enemy tries to tempt me. Give me Your strength to recognize and resist their temptations (James 4:7).

### Suggested Songs

Blessed Assurance (Hymn #462); I Do Believe (Hymn #486); Lord, I Lift Your Name on High; His name is higher than any other.

## DAY 3 – Victory through the Spirit

*“So I say, walk by the Spirit, and you will not gratify the desires of the flesh.” – Galatians 5:16, NIV*

Watch the sunrise and Thank God for His Creation! Think of how God’s mercies are new every morning.

2 Corinthians 5:17—If anyone is in Jesus Christ, he is a new creation. Old things have passed away.

Pray for your five friends and write their initials on your fingertips on your left hand because friends are to be kept closer to your heart .

Each day, as we turn to Jesus and pray, we receive His forgiveness and grace. As the children of Israel went out daily to receive the manna from heaven, so we daily renew our relationship with Jesus, the Bread of Life (John 6:58).

### Suggested Prayers

- Dear Lord, I know it is Your will for me to overcome all sin in Your strength. Please fill me with Your Holy Spirit and guide me into all truth (John 16:13).
- We pray for the Sabbath School/Personal Ministries

### Suggested Songs

Take My Life and Let It Be (Hymn #330); Whiter than Snow (Hymn #318); Draw Me Nearer (Hymn #306); Faith on Fire.

## DAY 4 – The Baptism of the Spirit

*“And while staying with them he ordered them not to depart from Jerusalem, but to wait for the promise of the Father, which, he said, ‘you heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.’” – Acts 1:4, 5, ESV*

Go outside at night and look at the sky. Look for stars and the moon. Think of how God created the night for a rest. Thank God for His Creation.

Luke 11:11-13—The baptism of the Holy Spirit is given to those who seek Him through prayer.

“When you have received the baptism of the Holy Spirit, then you will understand more of the joys of salvation than you have known all your life hitherto” (Manuscript Releases, vol. 5, p. 231).

Pray for your five friends. Don’t forget to write their initials on your fingertips.

### Suggested Prayers

- Dear Father, please baptize me in the Holy Spirit that I may live and love for You with success.
- It is my great desire, Lord Jesus, that I may represent You well to the world. Please prepare my heart to receive the Holy Spirit and share Your love with the people in my life.

### Suggested Songs

Baptize Us Anew (Hymn #258); Spirit of the Living God (Hymn #672); Wide as the Ocean.

## DAY 5 – The Fruit of the Spirit

*“But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.” – Galatians 5:22, 23 KJV*

Plant a seed and go outside and look for seeds! Think of the good seeds that God plants in your heart when you invite His Spirit to live in you.

Growing and Bearing fruit! As you receive the Spirit of Christ—the Spirit of unselfish love and labor for others—you will grow and bring forth fruit. The graces of the Spirit will ripen in your character.

Your faith will increase, your convictions deepen, your love be made perfect. More and more you will reflect the likeness of Christ in all that is pure, noble, and lovely. (Christ’s Object Lessons, p. 68)

Acts 5:31, 32—To those who are willing to obey, the Holy Spirit will be given.

Don’t forget to pray for your five friends. Remember to write their names on your left hand and write their initials on your fingertips

### Suggested Prayers

- Dear Jesus, I want to reflect Your character to everyone I know and all those I meet. Fill me with Your Holy Spirit, and let the fruit of the Spirit shine out from my heart.
- Bless the Lord, O my soul, and worship His holy name. May His joy fill my soul!
- We pray for our lists of five names. Please work powerfully in these lives. We claim 1 John 5:16.

### Suggested Songs

’Tis Love That Makes Us Happy (Hymn #579); This Little Light of Mine (Hymn #580);

## DAY 6 – The Gifts of the Spirit

*“There are different kinds of spiritual gifts, but the same Spirit is the source of them all. There are different kinds of service, but we serve the same Lord. God works in different ways, but it is the same God who does the work in all of us. A spiritual gift is given to each of us so we can help each other.” – 1 Corinthians 12:4-7, NLT*

Go for a walk near a river. Listen to the sound of the many waters, compare the trees and shrubs surrounding the river with the trees and shrubs away from the river. Just like those closer to the river are greener because of the water so we have life eternal when walking with Jesus the Living water. Psalms 1:1-3

1 Corinthians 12:9—Gift of healing is described. The Lord has many ways to heal people, and He wants to bestow His healing power through His people.

1 Corinthians 14:1, 13—Desire spiritual gifts and pray that you may receive them.

Revelation 1:10—When the Holy Spirit comes upon us, we can hear God in a new and powerful way.

### **Prayer, Faith, and Promises (1John 5:14-15)**

Faith is an essential element of prevailing prayer. . . . [Read Hebrews 11:6 and 1 John 5:14, 15.] With the persevering faith of Jacob, with the unyielding persistence of Elijah, we may present our petitions to the Father, claiming all that He has promised. The honor of His throne is staked for the fulfillment of His word. (Prophets and Kings, pp. 157, 158)

Pray for your five friends. Look at your left hand, what do you have to write on your fingertips?

### Suggested Prayers

- Here I am, Lord, use me in Your service. Fill me with Your Spirit and equip me with Your gifts.
- Dear Jesus, I want to make a difference for You in this world. I am not content to just sit in church. Give me Your Spirit’s power through the gifts You choose for me so that I can defeat the power of sin in this world.
- Lord, increase our gifts by education, training, experience, and prayer. We dedicate all our talents to You and humbly ask that You add your supernatural blessing so that the gospel may go forward with power.

### Suggested Songs

It took a Miracle; Something Beautiful; You Are the Finger of God; Great Is Thy Faithfulness (Hymn #100);

## DAY 7 – Praying in the Spirit

*“Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.” – Ephesians 6:18, NKJV*

Go for a walk. Be thankful for fresh air! Did you know that prayer is the breath of the soul! It's the secret of spiritual power (Gospel Workers, p. 254)

“Christ, our Mediator, and the Holy Spirit are constantly interceding in man’s behalf, but the Spirit pleads not for us as does Christ who presents His blood, shed from the foundation of the world; the Spirit works upon our hearts, drawing out prayers and penitence, praise and thanksgiving. The gratitude which flows from our lips is the result of the Spirit striking the cords of the soul in holy memories, awakening the music of the heart” (SDA Bible Commentary, vol. 6, pp. 1077-78).

Pray for your five friends.

Some practical ideas to improve your prayer life:

1. Pray through Scripture. Read a text and pray to the Lord about what you just read.
2. Use music. The hymnal and other songbooks contain many prayers. Use those prayers to help you know what you want to say. Singing is another form of praying.
3. Pray in a place that has fresh air and is free from distractions.
4. Find a prayer partner you can pray with in person or over the phone.
5. Make a list of the things you need to talk with God about.
6. Genesis 32:24—Jacob wrestled with God. Sometimes prayer seems like hard work.
7. Luke 18:1—We will be blessed if we persist in prayer without losing heart.
8. Zechariah 12:10—The Spirit of grace and prayer will be poured out on us and on our families.

### Suggested Prayers

- Dear Father, make me a person of prayer and use me to bless the people in my life. Please pour out Your Holy Spirit on me and give me strength.
- Lord, please rebuke Satan and the evil spirits that want to keep me in bondage. Give me victory over my sins through the power of Your blood.

### Suggested Songs

Sweet Hour of Prayer (Hymn #478); Whisper a prayer; Showers of Blessing (Hymn #195).

## DAY 8 – Submission to the Spirit

*“Therefore I say to you, every sin and blasphemy will be forgiven men, but the blasphemy against the Spirit will not be forgiven men.” – Matthew 12:31, NKJV*

Watch the sunset. Look at the different colors that appear in the sky during that hour and thank God for the colors He made.

“No one need look upon the sin against the Holy Ghost as something mysterious and indefinable. The sin against the Holy Ghost is the sin of persistent refusal to respond to the invitation to repent” (SDA Bible Commentary, vol. 5, p. 1093).

Even Spirit-filled people sometimes make mistakes. Abraham, Moses, David, and Peter all had defects of character and momentary failures in the hour of temptation. Even Jesus was tempted (Matthew 4), though He never yielded. So just because we are walking in the Spirit at this moment does not mean we are beyond the possibility of making mistakes, and a mistake is not the same as hardening our hearts in sin. It is not God that blinds the eyes of men or hardens their hearts. . . . Often the process is gradual, and almost imperceptible. Light comes to the soul through God’s word, through His servants, or by the direct agency of His Spirit; but when one ray of light is disregarded, there is a partial benumbing of the spiritual perceptions, and the second revealing of light is less clearly discerned. So the darkness increases, until it is night in the soul. (Desire of Ages, p. 322)

Acts 7:51—Do not resist the guidance and warnings of the Holy Spirit.

Luke 13:34—Give your life to Jesus before it is too late, as it was for His beloved Jerusalem.

Pray for your five friends! Write their initials on your fingertips.

### Suggested Prayers

- Dear Father, may I listen to Your voice always. Forgive me when I have been stubborn. Open my eyes and ears to discern Your will and give me courage to obey.
- Dear Jesus, forgive me for the pain I have caused You when I have been unwilling to give up my sins. Please do not take Your Holy Spirit from me and soften my heart to receive Your instruction.
- Please forgive our church when we have not listened to Your voice in the Bible. Help us as a congregation to cleanse ourselves of sin and restore the presence of Your Spirit among us.
- Create in us a clean heart, O God, and renew a right spirit within us.

### Suggested Songs

Thank You, Lord; Come Thou Fount (Hymn #334); Have Thine Own Way, Lord (Hymn #567); I Surrender All (Hymn #309); I’d Rather Have Jesus (Hymn #327); Give Me Jesus (Hymn #305);



## DAY 9 – The Work of the Spirit

*“After all this I saw another angel come down from heaven with great authority, and the earth grew bright with his splendor. . . . Then I heard another voice calling from heaven, ‘Come away from her, my people. Do not take part in her sins, or you will be punished with her.’” – Revelation 18:1, 4, NLT*

Watch the sunset again and think as the day ends so life also ends and some elderly people are now living in their sunset hours. Think of how do you want to spend eternity with Jesus and that He died and resurrected to give us eternal life.

The Last Message Ever! Revelation 18 points to the time when, as the result of rejecting the threefold warning of Revelation 14:6-12, the church will have fully reached the condition foretold by the second angel, and the people of God still in Babylon will be called upon to separate from her communion. This message is the last that will ever be given to the world; and it will accomplish its work. (Great Controversy, p.390)

Matthew 28:19, 20—Every follower of Jesus is to do what they can to spread the gospel of salvation.

John 16:13—When the Holy Spirit is working, people will be drawn to the truth of God’s Word.

Isaiah 6:8—Here I am, Lord. Send me.

### Suggested Prayers

- Dear Father in heaven, make me Your servant and help me share the message of Your love and salvation.
- By Your grace, Lord, I dedicate myself to becoming educated and equipped to share the gospel in the way You choose for me.
- Please let our families reveal Your love in our homes and communities. We ask You to bring harmony into homes.
- May our church members around the world feed on God’s Word every day. May we also seek You daily in personal prayer. Remind us that without You, we can do nothing.

### Suggested Songs

I Love to Tell the Story (Hymn #457); Jesus Saves; Tell It Again; Is There Anything I Can Do for You; Shine, Jesus Shine.

## DAY 10 – Abiding in the Spirit

*“And I will pray the Father, and He will give you another Helper, that He may abide with you forever. . . . I will not leave you orphans; I will come to you. . . . If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him.” – John 14:16, 18, 23, NKJV*

Go to the ocean! Hold sand in your hands and try to count it. Hold some pebbles if there’s no sand. Every tiny sand grain is known to God and we are as the sand many countless people and yet God knows each one of us. Look at the huge ocean and think how big is God’s love towards us. Hear the sound of the waves.

“When you rise in the morning, do you feel your helplessness, and your need of strength from God? and do you humbly, heartily make known your wants to your heavenly Father? If so, angels mark your prayers, and if these prayers have not gone forth out of feigned lips, when you are in danger of unconsciously doing wrong, and exerting an influence which will lead others to do wrong, your guardian angel will be by your side, prompting you to a better course, choosing your words for you, and influencing your actions” (Messages to Young People, p. 90).

### **How do we abide in the presence of the Father, Son, and Holy Spirit?**

We simply spend time in Bible study with an open heart and mind. Jesus is the Word (John 1:14; 14:6-9), and if we have seen Him, we have seen the Father. Also, it was the Holy Spirit who inspired the Word of God (2 Peter 1:21). So, as we read the Bible and believe its teachings and promises, we are changed into the image of Jesus (2 Corinthians 3:18).

2 Peter 1:21—The Holy Spirit inspired the Bible. As we read and accept it, we abide in His presence and that of Jesus and the Father (John 14:23).

Luke 11:11-13—We increase the power of the Holy Spirit in and around us as we pray and ask God for His presence.

Remember to pray for your 5 friends

### Suggested Prayers

- Dear Heavenly Father, create in me a hunger for Your word so that I delight to spend time with You. As I read the Bible, give me a clear understanding of Your character and Your will for my life.
- Jesus, please send the Holy Spirit into my life and make me a person of prayer. Turn me into a powerful intercessor so that many will be saved and freed from Satan’s chains of darkness.

### Suggested Songs

Everyday with Jesus; Day by Day (Hymn #532); Moment by Moment (Hymn #507); I Would Draw Nearer to Jesus (Hymn #310); Nearer, Still Nearer (Hymn #301); Here I Am to Worship; Friend of God; Draw Me Close; I Love You, Lord.