

## Ukulondolola

Twamusengela ku Nshiku Ikumi isha Mapepo! Twalisumina ukuti ipopo e cifulo cifyalilwapo ukupūpūtulwa. Lesa Alicitile ifisungusho ifingi nganshi mu myaka yapita ilyo twalemufwayafwaya capamo mu mapepo na mu kushiliisha (ukuleka ukulya). Mupashi Wamushilo na o âlituletèle ukupilibuka, ukufwaisha kupya ukwa kubila imbila, ukupūpūtulwa kwa filonganino, elyo no bwampano butuntulu (ubwaposhiwa). Aya e mashiwi ya bunte yanōno fye ukufuma mu mwaka wafumako:

*Mu Nshiku Ikumi isha Mapepo uno mwaka, Lesa Wamaka yonse acitile fisungusho fya kupapa ifingi. . . Muli cimo pa filonganino twapalamana na fyo, tamwali malaiti pa myaka mupepi na ibili. . . E ico mukati ka Nshiku Ikumi isha Mapepo, ba kakūmba baobēlwe ukwipusha icilonganino ukulapepa cila lucelo ukuti amalaiti yengabwele. Ku bukata bwa kwa Lesa, ipopo ilyo nalyasukwa. (P.C.O.)*

*[Mu Nshiku Ikumi isha Mapepo] kwali ukuipelesha kupya, ukukoselela, ukupimpa, na bucishinka mukati ka mukuni. Pa Iwandi, nasangilemo 'kukoshiwa na kucilisha, mu nshita ya kusondolwela no bushiku bwa kucesha ukupepa! Tulekabila ukufushako imiku ya nshita shawame fi, isha kutwikalika pa nkasa sha kwa Yesu. (E.A.)*

*Ukuibikilisha kwandi ku kubelenga Amalemba no kubūla inshita ye pepo takwali ukwafikapo. Panuma ya Nshiku Ikumi isha Mapepo napilibwile amano yandi pa lwa kupepa. Natendeke ukupōsa inshita iitali mwi pepo, ukulumanya Lesa, ukupepelako bambi, no kubelenga Amalemba. Nalikwete ubulwele bwa kubutukisha kwa mulopa, lelo ukutula lilya bwalibwelako. Ukutasha kwandi konse ku ' Wamaka yonse. (H.R.)*

*[Mu Nshiku Ikumi isha Mapepo, umuntu onse apepēleko inkashi umo uwaille ku kwingila incito.] Alipēlwe ncito—incito iyalekabila umuntu uwa masambililo ya pa mūlu nganshi, lelo yapēlwe kuli wene. [Natusunguka nganshi] ifyo Lesa 'cita, panuma ya myaka iingi iya kushiliisha no kulolēla. Miku inga twapepa? Tekuti tupende. Ndefwaya tukoseleshanye bonse ukutwalilila ukupepa pantu amapepo yesu tayakabe ayafye nga twacetekela. (L.B.)*

Bushe ishiwi lya kwa Lesa lilakwita ku kupūpūtulwa? Icipingo caisulamo amalayo yakwe kuli iwe:

- “Nga ’bantu bandi, abo ishina lyandi lyainikwapo, banakilila, bapepa, bafwaya ne cinsō candi, no kubwela mu mibēle yabo ibi, e lyo ine nkomfwa mu mūlu, nkalekelela na ku membu shabo, no kuposhe calo” (2 Imilandu 7:14).
- “Kabili nga mwamfwaya, mukansanga; ilyo mukamfwaya imitima yenu yonse” (Yeremia 29:13).
- “E lyo, onse uukalilila kwi shina lya kwa Yehoba akapokololwa” (Yoele 2:32).
- “Palameni kuli Lesa, na o alapalama kuli imwe” (Yakobo 4:8).
- “Mona, ninjiminina pa mwinshi, no kukunkunsha; ngo mutu aumfwe shiwi lyandi no kwisulako ku mwinshi, ndeingila kuli wene, no kuliila pamo nankwe umulālilo, na wene alelila pamo na ine” (Ukusokolola 3:20).

Ponse apo ’li mu bwikashi bobo nomba līne, Lesa ali mupepi ukucila ifyo uleelenganya. Alefwaya ukupongolwela ’mapālo pa lupwa lobe, pa cilonganino cobe, na pa cipanda cobe, e lyo na pe sonde lyonse!

## Umutwe wa Mapepo: Lelo Ilyo Mulepepa . . .

Uno mwaka ifya kubelenga kwesu ukwa cila bushiku fyapekanishiwe na Dr. Pavel Goia, kalemba wa *Ministry* magazine. Alebomfy a amalyashi ya mu (lwendo lwa) butumikishi bwakwe ilyo (pamo na wene) tuleya tulefwailisha (no kusanga) ifyaba mwi Pepo lya Mfumu elyo na mu masambilisho yambi aya kwa Yesu. Mukonkeni ilyo alepakula ubupilibulo bwashika no kupakila ubukankāla bwa kumupashi mu fyo twaishiba. Bushe “ukucindika” ishina lya kwa Lesa cipilibula ’nshi? Bushe “ubufumu” bwa kwa Lesa bumoneka shani pano calo? Bushe ukulekelela/ukwelēla bambi kwalula shani ubwampano bwesu pamo na Lesa? Kibili bushe Lesa alatwalapo abantu mu kweshiwa?

Cibe mulapepa mu nshita ya mweo wenu yonse nangu ni mu nshiku fye shinōno, ifi fibelengo fya-malyashi fili no kushibula amatontonkanyo yenu ku kukabila na ku kufwaisha ukukumanya Yesu pa makufi yenu cila bushiku. Belengeni no kutontonkanyapo kibili sungeni Cipingo cenu mupepi. E lyo nga cingacitwa, sangeni bumba lya basumini abo mwingalapepa nabo mu Nshiku Ikumi isha Mapepo ishi. Ilyo babili nangu batatu balongana mwi shina lya kwa Yesu, Ifisungusho filacitika!

### Ifyo Mwingakonka pa Nshita sha Kupepa

- Muleipifa ’mapepo—umulongo wa mashiwi umo nangu ibili pa mulandu umo. E lyo mulekele na bambi bapepeko. Kuti mwapepa imiku iingi fye ukulingana na ’po mulefwaila, nga filya fine mulanshanya (mu lyashi).
- Mwilatīno kuba tondolo (ukukutumana), pantu e kupēla inshita ku muntu iya kukutika ku Mupashi Wamushilo.
- Ukwimbila pamo ukulingana ne fyo Umupashi watungulula na lyo liipālo ilikalamba nganshi. Tamulekabila piano pakuti mwimbe; ukwimba fye na mashiwi yeka kulifye bwino.

Mwibomfy inshita ya cindama iya kupepa mu kulalandia fye pa mepusho ya kupepelapo, pepelenipo fye. E lyo bambi nabo kuti bapepela pa mepusho yenu no kwipusha ’malayo ya kukabila kwenu ukuti yacitike!

### Ukwipusha ’Malayo

Lyaba lishuko lyesu ukwipusha ’malayo ya kwa Lesa mu mapepo yesu. Amafunde yonse no kupanda ’mano kwakwe konse na ko malayo. Tekuti atwipushe ukucita icintu ico tushingacitila mu maka Yakwe.

Caliba icayanguka ukutonta (menso) pa fyakukabila fyesu, pa fyatukosela, pa mabwafya yesu—no kulōsha (ukulila) no kulilishika pa musango wa fintu ifyo fili ilyo tulepepa. Uyu te mulimo we pepo. Ipepo lyabelapo ukukosha icitetekelo cesu. E mulandu wine tulemukoselesha ukwipusha ’malayo ya kwa Lesa mu nshita yenu iya kupepa. Fumyeni amenso yenu pali mwebēne na pa bunake bwenu elyo muloleshe kuli Yesu. Pa kumona Wene, twaalukila mu cata Cakwe.

Ellen White atupēla icikoselesho cakwe: “Ubulayo bonse mu Cebo ca kwa Lesa bwa kuli ifwe. Mu mapepo yesu, natulēte icebo calaywa ca kwa Lesa elyo ku citetekelo twipushe amalayo Yakwe. Icebo Cakwe e cishininkisho ca kuti nga walombela mu citetekelo, ukapokelela ’mapālo ya kumupashi yonse. Twalilileni ukulomba, e lyo mukapokelela ifyafula ukucila pa fyo mwingalomba nangu mwingelenganya” (*In Heavenly Places*, p. 71).

Bushe kuti mwaipusha shani amalayo Yakwe? Icakumwenako: ilyo mulepepela pa kuba no mutende, kuti mwaipusha ukufumya muli Yohane 14:27 no kutila, “Shikulu, Mwalitweba mu Cebo Cenu, amuti, ‘Ndemushilo mutende, umutende wandi ndemupēla; ine nshilemupēla filya aba pano isonde baupēla. Imitima yenu isakamikwa, nangu kuba no mwenso.’ Mpeleni umutende ulya mwalaile ukutushīla.” Tasheni Shikulu ukuti Wene alemupēla umutende, nangu fye tamuleyumfwa ukuba na o apo pēne.

### Ukushilisha (Ukuleko Kulya)

Tulemukoselesha ukushilisha nga Daniele mu Nshiku Ikumi sha Kupepa. Ukutendeka umwaka mwi pepo no kushilisha ni nshila isuma nganshi iya kutulillamo imyeo yesu kuli Lesa mu mwaka upya uwaisa. Ellen White

atweba ati, "Ukufuma ino nshita no kaya kuntanshi mpaka ku kwisalila kwa nshita abantu ba kwa Lesa balingile ukuba abacishinka, abāshibulwa, te kucetekela mu māno yabo, lelo mu māno ya Ntungulushi yabo. Balingile ukubika inshiku pa mbali isha kushilisha no kupepa. Ukuleka ukulya fyonse limbi teti kufwaikwe, lelo balingile ukulya utunōno pa fyakulya fyayanguka" (*Counsels on Diet and Foods*, pp. 188, 189).

Twalishiba ulwa pali Daniele, uwālile ifisabo ne misālu pa nshiku ikumi. Ifyo fine na ifwe tulemukoselesha ukukonka imiīle ya fyakulya fyayanguka mu nshiku ikumi ishi. Nga tulefwaya ukuba na matontonkanyo yalengama ku kumfwilako ishiwi lya kwa Lesa, kabilii nga tulefwaya ukupalama kuli Wene, tulekabila ukushininkisha ukuti imiīle yesu tailetucinga.

Ukushilisha takwaba fye pa kutaluka ku filyo. Tulemukoselesha no kutaluka kuli "TV," "movies," "computer games," nangu fye ni "Facebook" na "YouTube". Inshita shimo ifintu ifishabamo no bubi kuti fyatusendela inshita iitali nganshi. Biken pa mbali conse ico mwingsaposelapo inshita iitali ukucila iya kuba pamo na Lesa.

Ukushilisha te nshila ya kukwatilamo icisungusho ukufuma kuli Lesa mu kwangufyanya. Ukushilisha kwabelapo ukuicefyा fwe bēne pa kuti Lesa engabomba no kubombela muli ifwe. Natupalame kuli Wene ukupitila mwi pepo na mu kushilisha, na Wene alepalama kuli ifwe.

### **Mupashi Wamushilo**

Shininkisheni ukwipusha Mupashi Wamushilo ukumulanga ico mulingile ukupelapo mu mweo wa mutu nangu pa cicitwa cimo. Icipingo citweba ukuti tatwaishiba ifyo tufwile ukupelapo no kuti Mupashi Wamushilo e Utupapātilako.

"Tatufwile ukupelapa fye mwi shina lya kwa Kristu, lelo na mu kobelwa na Mupashi Wamushilo. Ici cilondolola ifyo calepilibula ilyo casoselwe ukuti Umupashi wine 'utupāpātila no kuteta ukushingasoswa,' (Abena Roma 8:26). Ipepo lya musango yu e lyo Lesa abekelwamo ukwasuka. Illo twapēma ipopo mwi shina lya kwa Kristu mu cishinka na mu kufina, mulaba ubulayo ukufuma kuli Lesa, mulya mwine mu kufina kwe pepo, ubwa kutila ali fye mupēpi no kwasuka ku kulomba kwesu 'ukufushako ukucila ifyo tulomba atemwa twelenganya' (Abena Efese 3:20)" (*Christ's Object Lessons*, p. 147).

### **Icitetekele**

Tubelenga mu Mupashi wa Busesemo ukuti "ipepo ne citetekelo ficia ico amaka ya pano isonde yashingabomba" (*The Ministry of Healing*, p. 509). Kabilii twalyebwa ukuti "pa cabupe conse ico Wene alaya, kuti twaipusha; lyene tuli no kusumina ukuti twapokelela, no kubwesha ukutasha kuli Lesa ukuti natupokelela" (*Education*, p. 258). E ico kanshi, lekeni ube e mubelo wenu uwa kutasha Lesa mu kutangilila ukupitila mu citetekelo pa fintu ifyo ali no kucita no musango aleyasukilamo amapepo yenu.

### **Pepeleniko (Abantu) Bambi**

Mu Nshiku Ikumi isha Mapepo ishi tulemukoselesha ukulapepelako, no mukosha, abantu abo Lesa abika mu mweo wenu. Saleni (abantu) ukufuma pali basano (5) ukufika pali cinelubali (7)—kuti bāba ba mu lupwa lwenu, ifibusu, ababomfi banēnu, abena mupalamano, nangu abeshibishi benu. Buleni akashita ka kwipusha Lesa (amwebe) n'ani engafwaya imwe ukupelako. Kabilii mwipusheni ukuti amupēle cisendo cituntulu ica abo bantu. Lembeni amashina pe būla lye pepala (paper) no kulisungila mu cifulo cimo, pamo nga mu Cipingo. Mukasunguka pa fyo Lesa abomba mu kwasuka amapepo yenu!

### **Umulimo wa Kufumina Kunse mu Nshiku Ikumi isha Mapepo**

Yesu taletwita ku kupepa fye kweka lelo na ku kupyungila ku fyakukabila kwa batushingulwike. "Pantu nali ne nsala, na imwe mwampēle ukulya; nali ne cilaka, na imwe mwalinwenseshe; nali umweni, na imwe mwalinsekelēle; nali ubwamba, na imwe mwalmifwikile; nalilwele, na imwe mwalmipepwile; nali mu cifungo, na imwe mwaliishile kuli ine" (Mateo 25:35, 36).

Mwi būku *The Ministry of Healing* tubelenga ukuti, "Tufwile ukwikala ubwikashi bwa mpetwa-shibili—ubwikashi bwa kutontonkanya elyo no bwikashi bwa kucita (ifintu), ubwe pepo lya mutualalila no bwa kubomba kwa cishinka." (p. 512). Twalipokelela ukutemwa ukwingi nganshi ukufuma ku Mupusushi wesu, nomba tuli ne shuko lya kwakanya icitemwiko cesu ku fibusa, ku bena-mupalamano, na ku beni abalekabila.

Ipusheni Lesa ifyo imwe ne cilonganino cenu mwingapyungila bambi panuma ya Nshiku Ikumi isha Mapepo. Ilyo muleteyanisha ifyo mwingacita, mwileka ifyo muleyanshika fimucilinganye ku mapepo. "Ukutukuta kwa muntu no muntu ukwa kubombela 'bantu bambi kulingile kwatangililwa na 'mapepo ya mu nkāma ayengi; pantu palafwaikwa amāno yakalamba pa kwishiba 'māno ya kupusushishamo abantu. I lyo tamulasosa ku bantu, lanshanyeni na Kristu. Pokeni ubuteyanisho bwa kupyungila 'bantu bambi ukufuma pa cipuna ca bufumu ica kusenamina kwa mu mūlū." (*Prayer*, p. 313).

Mu fisambililo fya mu mwela ifya Nshiku Ikumi sha Mapepo, muli no kusanga ifyalembwamo imitukutu ya malangulushi ya kubobelamo mulimo wa butumikishi. Yesu aleipusha imwe ukuti mube amaboko na 'makasa Yakwe ku calo icilekabila!

## Pali ba Kalemba

Pavel Goia, DMin, ni cipupila, kasosa wa cintu-bwingi, na kalemba. Atendekēle ku mwabo ukwenda mu nshila yakwe iya butumikishi mu calo ca Romania. Pavel no mukashi wakwe uwatemwikwa, Daniela, baile pamo na bāna babo bibili ku United States pakuti Pavel atwalilile amasambililo ya butumikishi. Aumfwile ukwikushiwa mu kuba kakumba (pastor) wa filonganino ifingi mu Romania na mu United States, kabili alyenda mu fyalo no kulanda pe pepo elyo ne fisambililo fimbi. Wene e wali icisambililo ce būku limo, *One Miracle After Another: The Pavel Goia Story* kabili ni kalemba wa filembwa (Articles) ifingi pamo ne būku lya, *In the Spirit and Power*. Pavel pali ino nshita ni umo pa nkonkani sha kwa kalemba mukalamba wa kabungwe ka bacipupila mu Cisaka ca baKalolēla Basunge Sabata mu Calo conse (associate ministerial secretary for the General Conference of Seventh-day Adventists) kabili e katantika mukalamba wa filembwa mwi pepala lya bakakumba ba mu fyalo fyonse (editor for *Ministry*, International Journal for Pastors). Alitemwisha ukubomfyе nshita yakwe ikalamba pamo no mukashi (mama) wakwe watemwikwa, Daniela; na bāna baume bobili, na beshikulu bane, elyo na kabwa kakwe.

Ifisambililo fya Nshiku Ikumi isha Mapepo fiteyanishiwa na kabungwe ka Ministerial Association, General Conference of Seventh-day Adventists. Kano fye nga fyayalulwa, amalembo yali mu lubali iwa Kulondolola (Introduction) na mu 'Fyakwafilshako Intungulushi (Leader's Guide) yafuma mu (cipingo ca cingeleshi) New King James Version.

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