

## Lelo ilyo mulepepa . . .

### UBUSHIKU BWA 10—MWITUTWALA MU KWESHIWA

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“Lesa tatunkwa ku bubi, nangu ni Wene umwine tatunka muntu iyo” (Yakobo 1:13, NKJV).

#### Bushe Cinecine Lesa Alacita Ico?

Lesa wa Mushilo, Wene kutemwa. Tatunka nelyo umo, tuyesha fwe bene (Yakobo 1:14, 15). E ico kanshi, bushe watala auipusha ico Yesu apilibwile ilyo mwi pepo lya Mfumu atile, “Mwitutwala mu kweshiwa”? Yesu tâleplibiluba ukuti Lesa alatutunka (nangu alatutwala) mu kubembuka kanshi tufwile ukumupâpata ukuti e tusunkilamo, awe.

Nomba, cileplibiluba shani? Mu mdimi shingi, nga te shonse, mu ciGriki amashiwi yamo kuti yakwata amabupilibulo ukucila pali bumo. Kanshi mufwile ukulolesha pe shiwi lya cishinte ne lyashi lilelandwapo. Ishiwi lya ciGriki kwi shiwi lya “kutwala” ni *eisphero*. Ili iversi kuti lyapilibulwa ati, “mwileka tuye”, “mwitusha icishikila kulya, mwitusuminisha ukuya kulya.” Tacileplibiluba “ukongola.”

Ishiwi lya ciGriki kwi shiwi lya “kweshiwa” ni *peirasmon*. Kuti lyapilibulwa nga “ukulabula, ukwesha, ukukânya, etc. Kanshi amashiwi ya kuti, “mwitutwala mu kweshiwa” kuti yalola mu kutila, “Napâpâta mwinsha neka pantu ilyo ndi neka ndeshetukila mu lubembu, nangu ndeikalila mu lubembu ulo mponêñemo kale” nangu “nga mwandabula, mwinsha neka nangu mwileka nshale mulya pa nshita-itali pantu ndetîna ukushetukila mu lubembu.”

Pa nshita shimo Lesa alakusuminisha nangu alakupisha mu fintu fya kukwafwako ukwishibisha umutima obe elyo no musango ubelëlemo ku mupashi, ku kwisula ‘menso yobe ukuti yamone ifyo iwe uli ne fyo ulekabila. Icipingo cileti, iwe “tawishibe ukuti uli wa nkumbabulili, kabilu umulanda, kabilu umubusu, kabilu impofu, kabilu uwa bwamba” (Ukusokolola 3:17, NKJV). Ilyo waishiba ukuti naulwala, ulaya kuli shing’anga, nomba kuti walanda shani pa cintu ico tawishibe bwino?

Ilyo twaishiba ifyo tuli, tuisanga ukuba ababembu no kwishiba ukuti tulekabila Yesu. “Abo abekala mupepi na Yesu balalekanya bwino bwino pakati ka kunaka elyo no kubembuka kwa buntunse, kabilu subilo lyabo lyaba fye mu milimo ya Mupusushi uwatanikwe kabilu uwaima kubafwa” (*The Great Controversy*, p. 471).

Lesa aeseshe mfumu Sedekia (2 Imilandu 32:31). Amapinda 17:3 atila ukuti Lesa alësha imitima yesu. Davidi nao apepele ati, “Nenguleni, mwe Yehoba, no kunjesha” (Amalumbo 26:2, NIV). Petro asosa ukuti ifya koca limo fîshila ukutwesha (1 Petro 4:12).

“Ukumonekela mu lubembu e kututwala kuli Uyo uwingatulekelela imembu; ilyo umutima waishiba ukupelelwa kwa uko, ilyo wafwaisha Kristu, Wene akaisokolola Umwine mu maka” (*Steps to Christ*, p. 65).

E ico, “Umulwani mukalamba wesu lyonse afwaya ukulatalusha umuntu uulecushiwa no kumufumya kuli Lesa” (*Prayer*, p. 270). Wene alishiba ukuti nga twapâtuka ukufuma kuli Lesa, tukashetukila mu lubembu.

Mu lubali lwa kushalikisha ulwe Pepo lya Mfumu, e mo Yesu aleesha ukukomaila pa nkâma ya maka no kwansha. Alesosa ukuti isubilo lyesu limo fye lya kuba lyonse muli Yesu, na Yesu muli ifwe, ukukâna pâtukako, ukukâna fumako. “Kristu muli imwe, ica kucetekelako (ice subilo) cenu ca bukata” (Abena Kolose 1:27, NKJV).

Ifwe fweka tatwakwata maka ya kuyalula no kuibumbila umutima upya. Lelo ’bulayo bwena nâbumfwika kabilu buli no bucingo: “Uyo uuli muli Kristu aba icibumbwa cipyâ” (2 Abena Korinti 5:17, NKJV).

Nomba kuti waibebeta shani ukumona apo ubelēle mu lwendo lobe ulwa kumupashi? Yesu aleti kuti twaishibila ku fisabo fyesu (Mateo 7:16). Bushe utwala shani ifisabo fyobe? Ni mu kutwalilila ukulundana na Kristu (Yohane 15:1–5) na mu kwisushiwa no Mupashi Wakwe (Abena Galatia. 5:22, 23).

“Ukulumbula kwa mipepele kulabika ‘bantu mu cilonganino, lelo imibēle ne micitile e filanga nga cakuti bali mu bulundano na Kristu ubwa kutwalilila.” (*The Desire of Ages*, p. 676). Kibili nga watwalilila ukwikala muli Wene, taulekabila ukumfwikisha ifyo abōmba; ufwile fye ukumucetekela. Alapususha bonse abesa kuli Wene (AbaHebere 7:25).

“Ubucingo fye bummo ku bubi, (bucingo) bwa kwa Kristu ukwikala mu kati ka mutima” (*The Desire of Ages*, p. 324).

Lesa alekwita ku kupepa ukwabula ukuleka, ukulaita pe Shina lya kwa Shikulu, ukwenda nankwe, ukwibukila icinso Cakwe elyo no kushintilila pali Wene Lyonse, pa kuti wipātuka ukufuma kuli Wene. Ubo bukose bobe fye. Kibili alaya ukuti nga wapalama kuli Lesa, “Na Wene alepalama kuli imwe” (Yakobo 4:8, NKJV). Natupepele pamo.

### Inshita ya Kupepa (30–45 Minutes)

Amabumba ya mapepo yonse yabomfyā *inshila shalekana lekana isha kupepela pamo*. Tulemukoselesha ukuti mulekwata utushita na tumbi 30–45 (minutes) mu kupepela ca pamo, mu nshila yonse intu Umupashi Wamushilo walamutungulwila. Tulekoselesha amapepo ya kulanshanya ayepi - umusēla wa mashiwi umo ukufika pa misēla itatu (1-3 sentences). Ici kuti calenga abengi ukupepa imiku iingi. Pe samba pali ifyakulangila ukupepela mwi Lembo (**Praying through Scripture**) ukulingana ne cikomo. Kuti mwapepela na mu fiputulwa fya Malembo na fimbī no kubikamo ifisambililo na fimbī mu nshita mulepepa. Moneni mwi pepala lya “**Kutungulula Intungulushi**” (**Leader’s Guide**) na “Mepusho ya Kupepelapo Icilonganino conse mu calo conse” (**World Church Prayer Requests**) pa kuti mwaishibilapo na fimbī ifyo mwingacita mwi pepo.

### Ukupepa mu Cebo ca kwa Lesa — Yakobo 1:13

“Lesa tatunkwa ku bubi, nangu ni Wene umwine tatunka muntu iyo”

#### “Lesa tatunkwa ku bubi”

Mwe Shifwe, tulemutötela pa kutuma Yesu ukwisakāna no kwisacimfyā ububi mwi punda lyesu. Kuli imwe takwaba mfifi nakalya, kwaba fye ubusuma no lubūto. Twalishiba ukuti Imwe mwalicimfyā ulubembu ne mfwa kale fye no kuti muletwalula pakuti tube mu cipasho Cenu. Lekeni amenso yesu yaletonta pali Imwe!

#### “Nangu ni Wene umwine tatunka muntu iyo”

Mwe Shikulu, twapāpāta tutalusheni ku matunko ayengatupātula kuli Imwe. Tusambilisheni ukufulumuka ifya bukai temwe ifileongola ifwe, no kwalwila meno yesu ku mibēle yenu yabula akalema. Twafweni ukupata ifyo mwapatā no kutemwa ifyo mwatemwa.

### Ukulundapo ifyo Mwingacita mu Mapepo

**Ukutasha no Kulumbanya:** Tasheni Lesa pa mapālo ayo mwishibe no kumulumbanya pa busuma Bwakwe.

**Ukuyebelela:** Buleni utushita twa kuyebelela mu nkama no kutasha Lesa pa kumwelēla.

**Ukutungululwa:** Ipusheni Lesa ukumupēla māno pa filemukosela nomba na pa kusala kwenu conse.

**Icilonganino cesu:** Pepeleni pa kukabila kwa cilonganino mu citungu cenu elyo na mu calo conse (moneni pe būla lyaibela apali ifyakwipusha).

**Amepusho ya Pamwesu:** Pepeleni pa kukabila kwa filundwa fya cilonganino, ndupwa, na bena mupalamano

**Ukumfwa no Kwasuka:** Buleni nshita ya kumfwa kwi shiwi lya kwa Lesa no kwasukila mu kulumbanya na mu nyimbo.

### Inyimbo Mwingembā:

Fyasabankanishiwe na General Conference Ministerial Association  
Ifibelengo fya Cila Bushiku Fyalembelwe na ba Dr. Pavel Goia

**Local Bemba #40 Nga Twaya ne Mfumu** (Trust and Obey - SDAH #590)

**Local Bemba #130 Ndi Wenu Mfumu/Mpalamine** (Draw Me Nearer - SDAH#306).

Day by Day SDAH #532

*Other Songs:* You Are My Hiding Place; Into My Heart; Change My Heart, O God